

Gaven, goden en ziekte

Psychose in niet-
Westerse culturen

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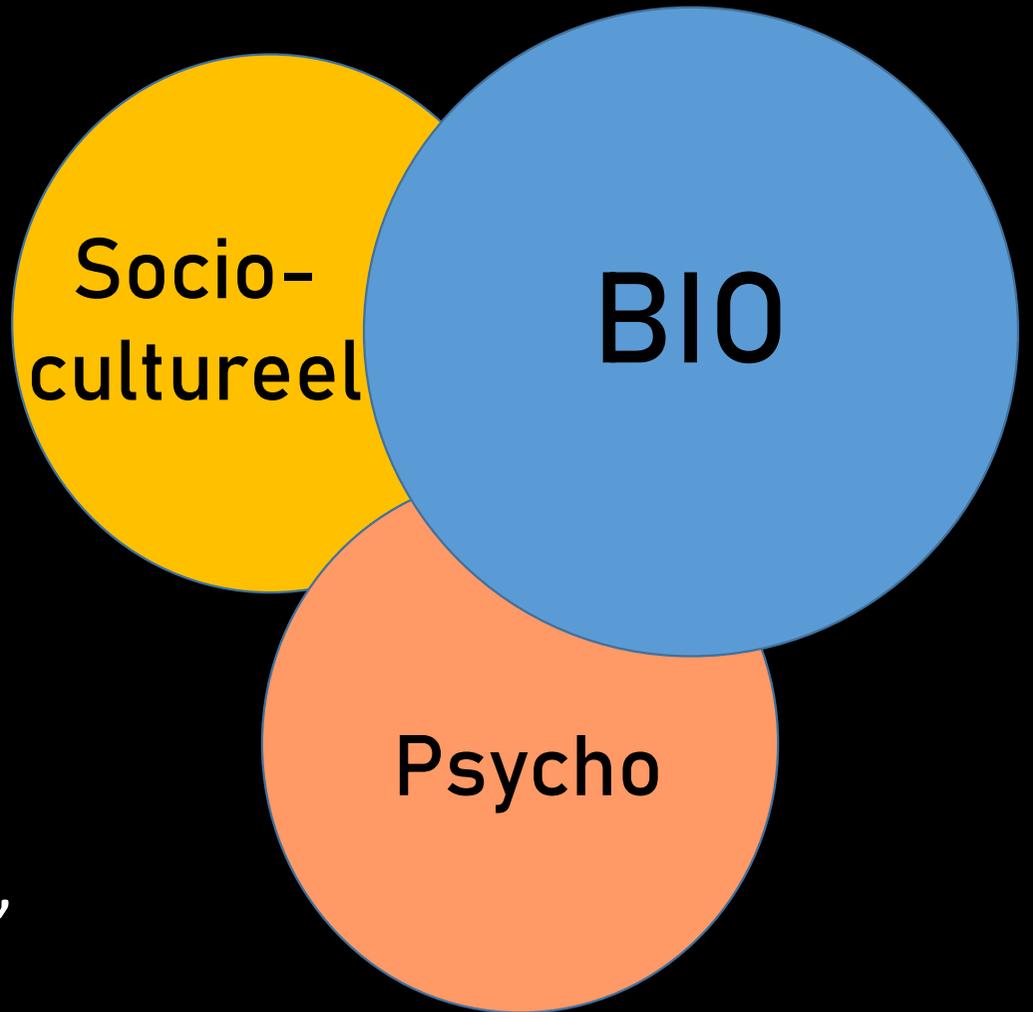
Nwabisa



Kraepelin

1904 Buitenzorg Java Dementia Praecox

There is **no compelling reason** to assume the existence of entirely new and hitherto unknown forms of mental disease among the indigenous population of Java ... However, it must also be said that in Java the clinical pictures we are familiar with are **modulated** in ways that, with some justification, can be attributed to the **racial backgrounds** of the patients. And therein lies the advantage of comparative psychiatric research.



Biomedisch

Universeel, cultuur pathoplastisch,
'koloniaal'

Ethnopsychiatrie

Vergelijken tussen culturen

Symptom [†]	Australia	India	Sarawak
Global delusions	764/776 (98.5%)	465/504 (92.3%)	211/259 (81.5%)
Bizarre delusions	497/776 (64.1%)	181/504 (35.9%)	51/259 (19.7%)
<i>Broadcast/Insertion/Withdrawal delusions</i>	368/776 (47.4%)	64/504 (12.7%)	27/259 (10.4%)
<i>Control delusions</i>	213/776 (27.5%)	106/504 (21.0%)	22/259 (8.5%)
Persecutory delusions	683/776 (88.0%)	402/504 (79.8%)	172/259 (66.4%)
Referential delusions	585/776 (75.4%)	293/504 (58.1%)	72/259 (27.8%)
Jealousy delusions	81/776 (10.4%)	37/504 (7.3%)	28/259 (10.8%)
Guilt/Sin delusions			
Grandiose delusions			
Religious delusions			
Somatic delusions			
Erotomaniac delusions			
Mind reading delusions			
Global hallucinations			
Auditory hallucinations			
<i>Commentary/3rd person hallucinations</i>			
Visual hallucinations	590/776 (76.0%)	90/504 (17.8%)	155/259 (60.0%)
Olfactory/Gustatory hallucinations	170/776 (21.9%)	19/504 (3.8%)	57/259 (22.0%)
Somatic/Tactile hallucinations	200/776 (25.8%)	46/504 (9.1%)	44/259 (17.0%)

Veel overeenkomsten

Minder negatieve symptomen Sarawak

Minder desorganisatie India

Veel verschillen in frequentie symptomen

Andere structuur pathologie?

McLean Cult Med Psychiatry 2014

Iban Borneo

Vergelijken tussen culturen

Concept schizofrenie
Vertaling instrumenten
Subjectieve ervaringen

Barrett Schiz, Culture, Subjectivity 2004



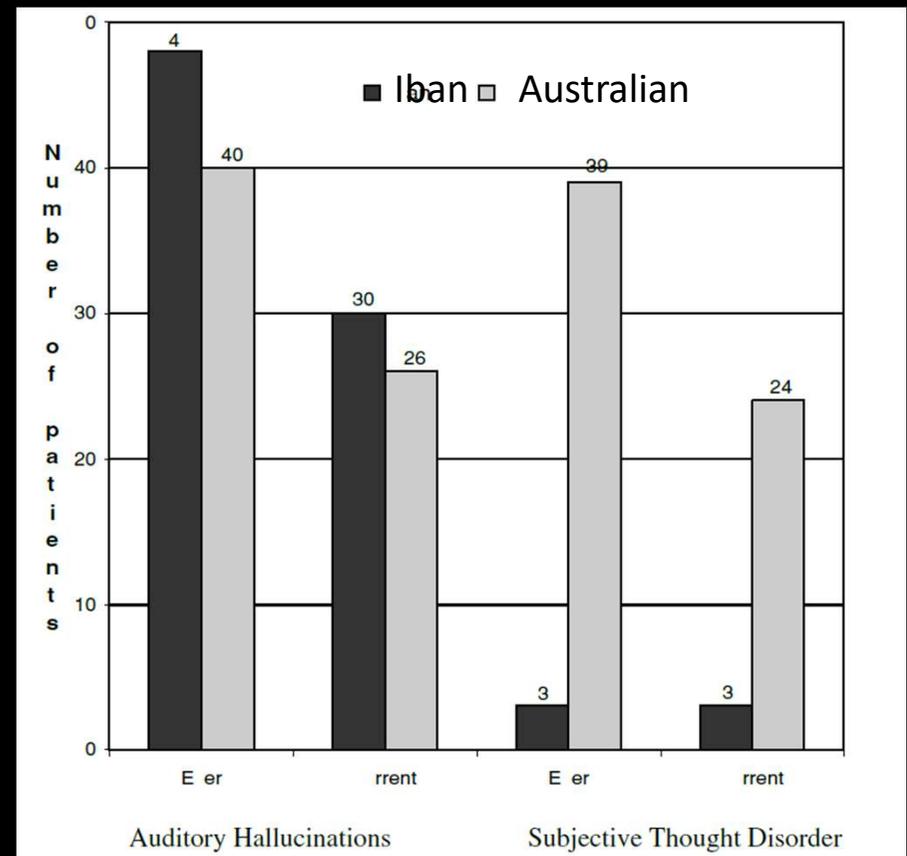
Denkstoornissen

Vergelijken tussen culturen

Horen versus denken

Interactioneel versus individueel

Essentieel versus pathoplastisch



Barrett Schiz, Culture, Subjectivity 2004

Concepten 'madness'

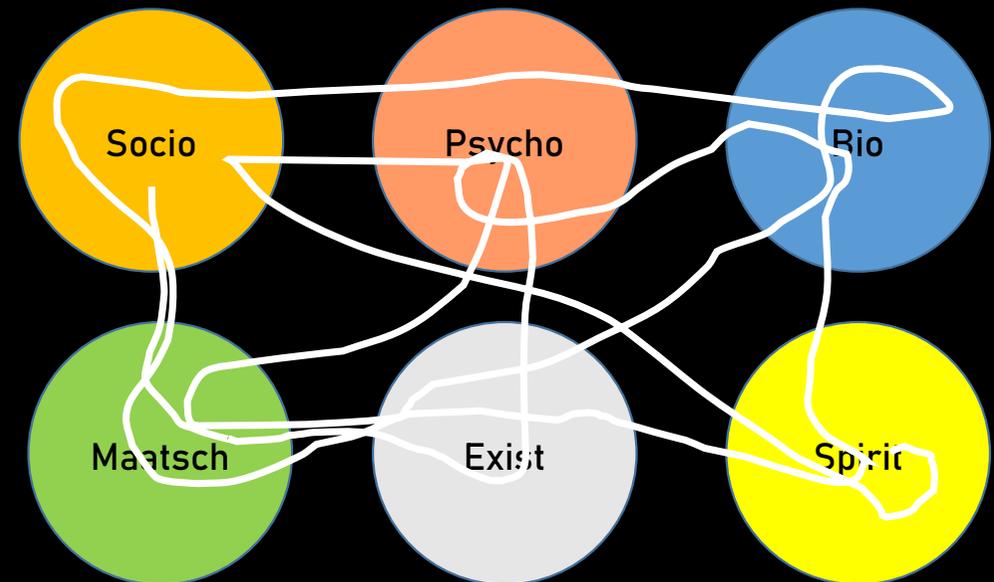
Vergelijking tussen India, Nigeria en Trinidad

'Madness' wordt overal herkend

Termen meestal gerelateerd aan
verstoorde mentale processen

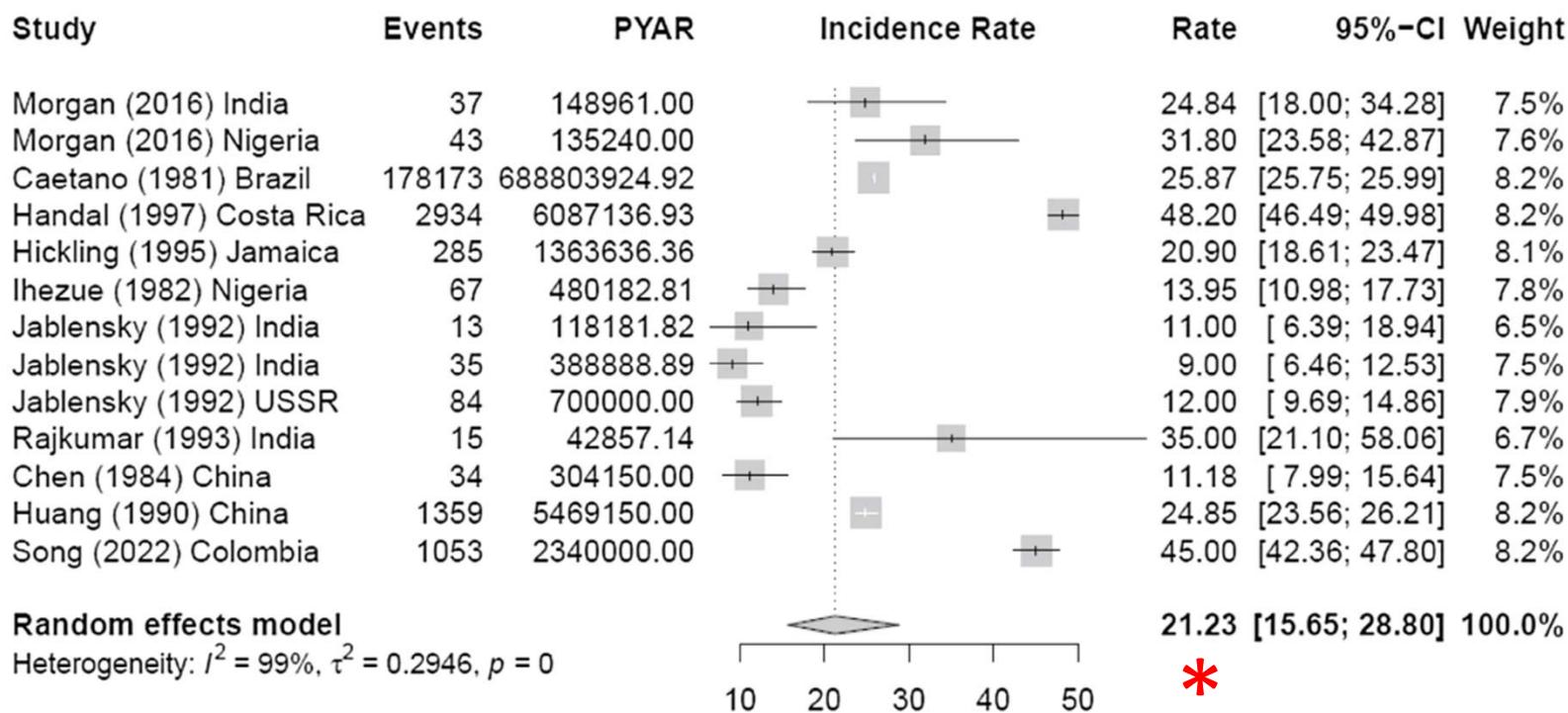
Herkend aan gestoord gedrag en
disfunctioneren

Causale attributies heterogeen



Incidentie schizofrenie LMIC

B: Incidence of schizophrenia (per 100 000 person-years)





Context

ARAS cohort Iran
Tabriz, Kermanshah, Tehran
N=500

Farhang, Schizophrenia 2023

37 % drugs psychose
40% betaalde baan
29% getrouwd

Djordjevic, Int J Soc Psychiatry 2024



Symptomen
Functioneren

Religiositeit
Stigma
Sociale steun

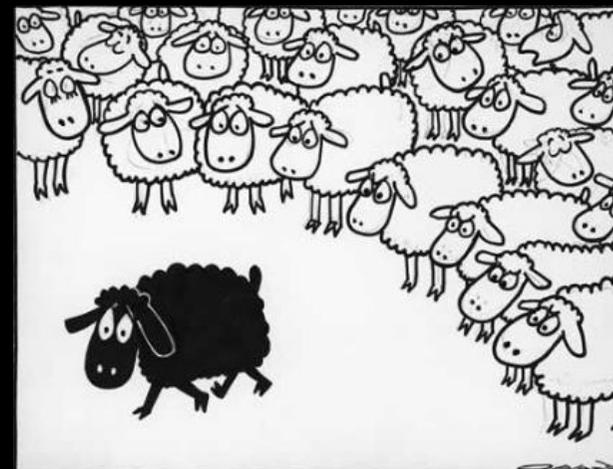
Etnische minderheden

Vergelijken tussen culturen

	Moroccans %	Native Dutch %
<i>Positive symptoms^b</i>		
Persecutory delusions	74	47
Bizarre behaviour	59	32
Visual hallucinations	44	21
Religious delusions	8	22
<i>Negative symptoms</i>		
Anhedonia		
Alogia, poverty of speech		
Avolition, grooming, hygiene		
<i>Mood symptoms^c</i>		
Diminished interest or pleasure	68	48
Inflated self-esteem	4	16

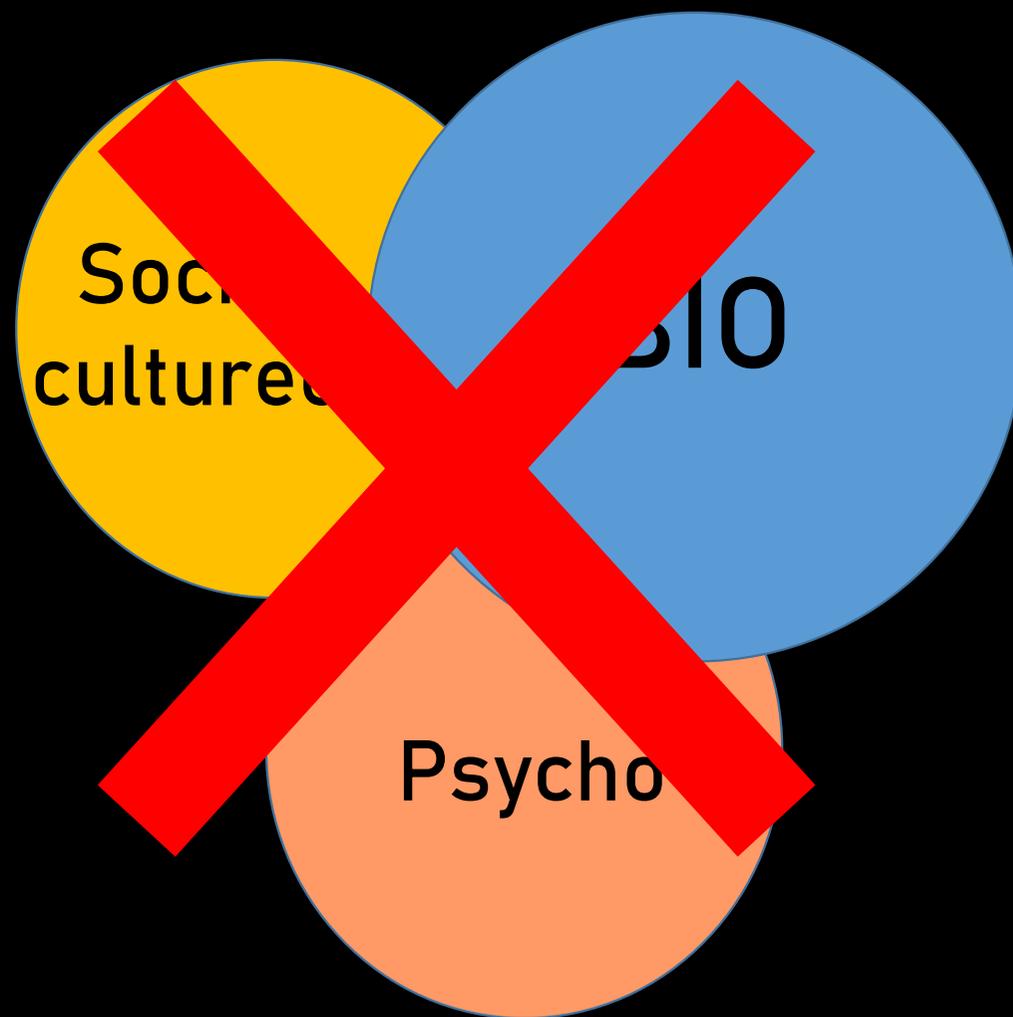
Achtervolgingswanen
Depressie
'Bizar gedrag'
Religieuze wanen

Pathogene mechanismen ?



Voorbij ziektenmodel

Holistisch, contextueel, enacted



OUR MOST TROUBLING MADNESS

CASE STUDIES IN SCHIZOPHRENIA
ACROSS CULTURES



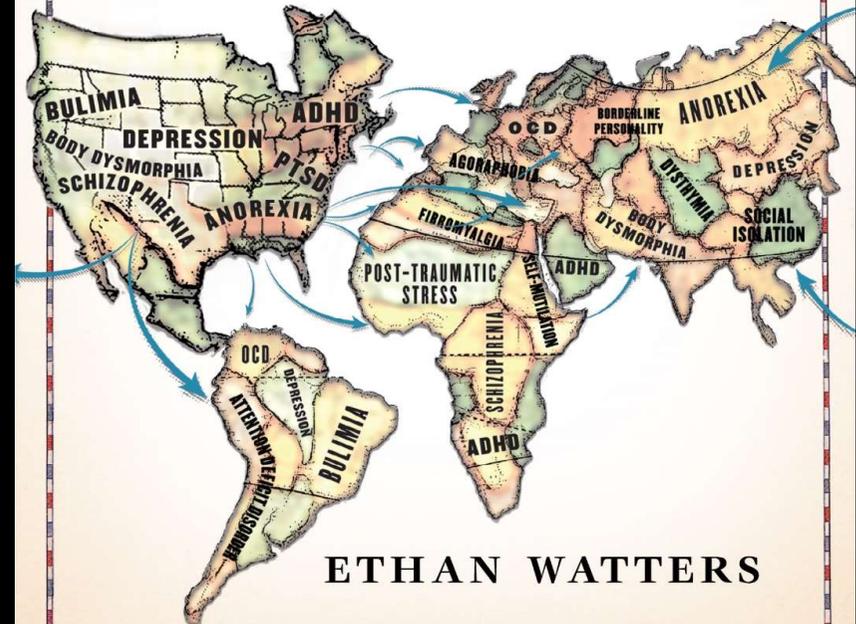
EDITED BY
T. M. LUHRMANN AND JOCELYN MARROW

"Crazy Like Us is a blistering and truly original work of reporting and analysis, uncovering America's role in homogenizing how the world defines wellness and healing."

—Po Bronson, author of *NurtureShock*

— THE —
GLOBALIZATION
OF THE
AMERICAN PSYCHE

Crazy Like Us



'A paradigm-shifting exploration of the relationship
between diagnosis and identity'

Elif Batuman



Strangers to Ourselves

Stories of
Unsettled Minds

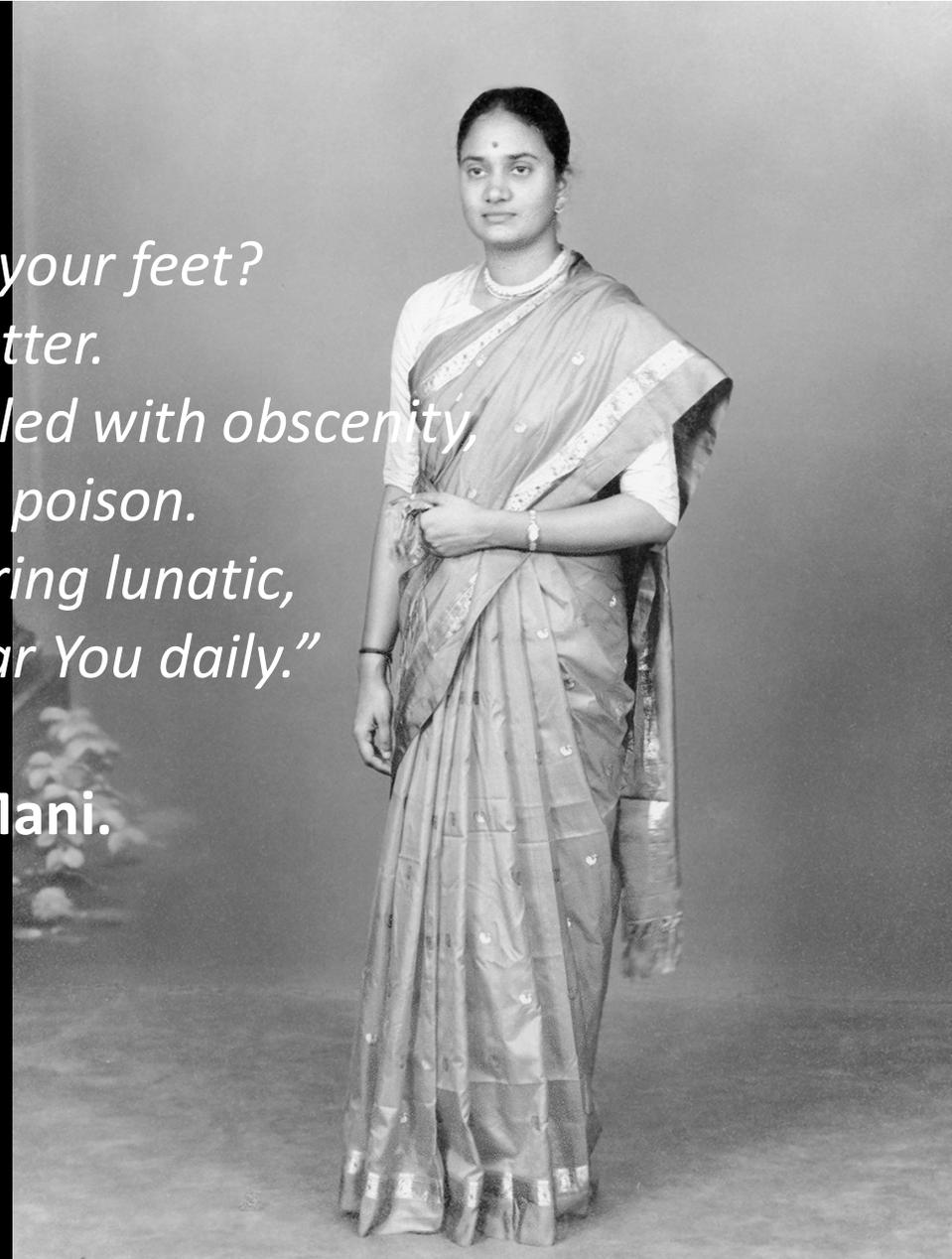
Rachel Aviv

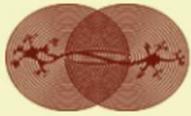
Bapu

“Is this difficulty I am facing
the lesson of total surrender?”

*I have had enough, can I get a place at your feet?
If not, an inauspicious death is better.
With an unwavering heart, a mind that is not filled with obscenity,
Give me a place near you, or give me poison.
It is better to die than to live as a wandering lunatic,
Please give me a place where I can be near You daily."*

Poem by "Bapu" a.k.a Savithri Mani.



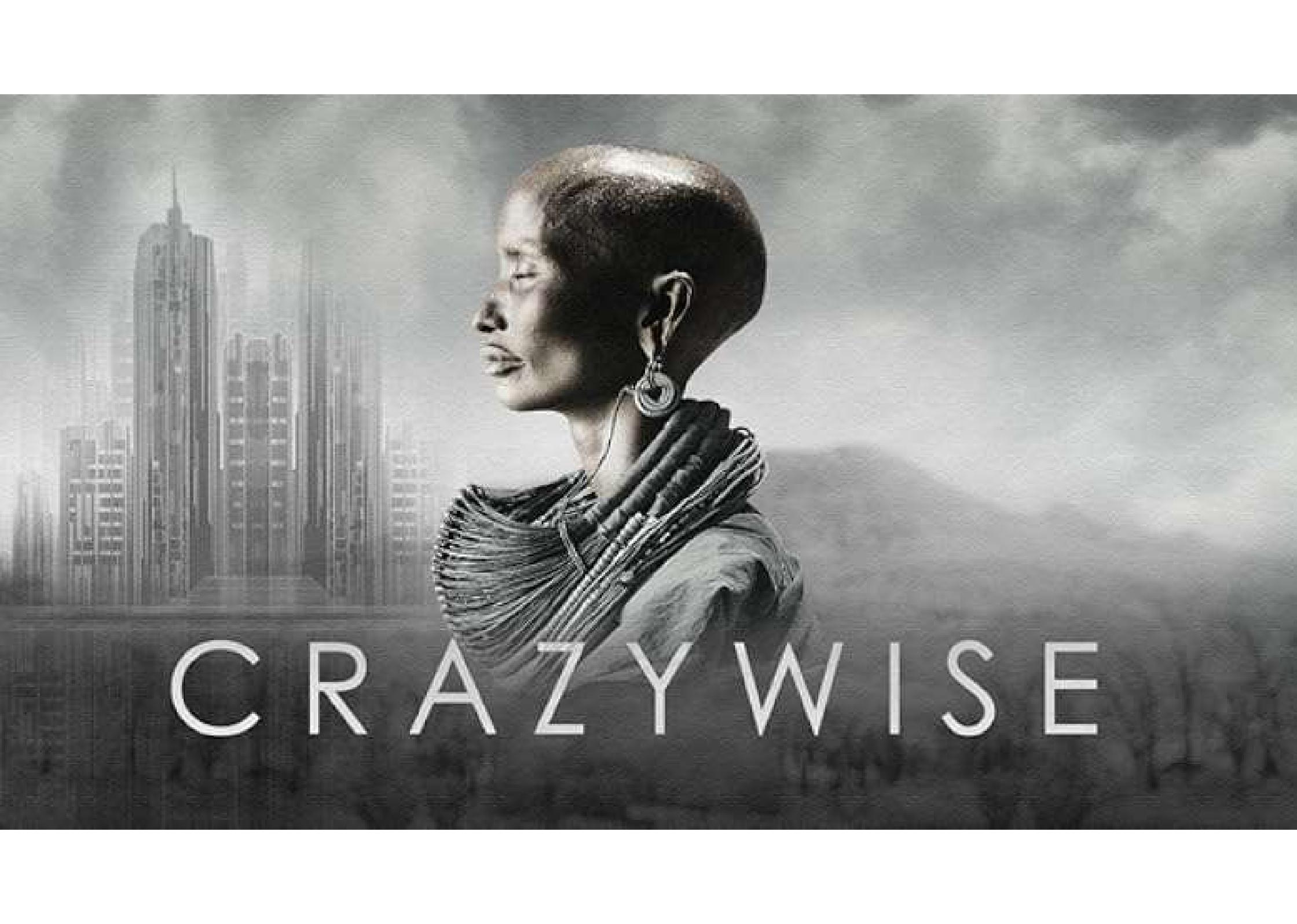


About



De-colonizing the Indian Mental health system: Building Inclusion

We want to see a world, where emotional well being is experienced in a holistic manner, and not just as 'mental disease'. We dream of healing environments where every person uses their own capacity to make choices, heal themselves, recover and move on. Recovery methods will be creative, non-violent, non-hazardous and playful.



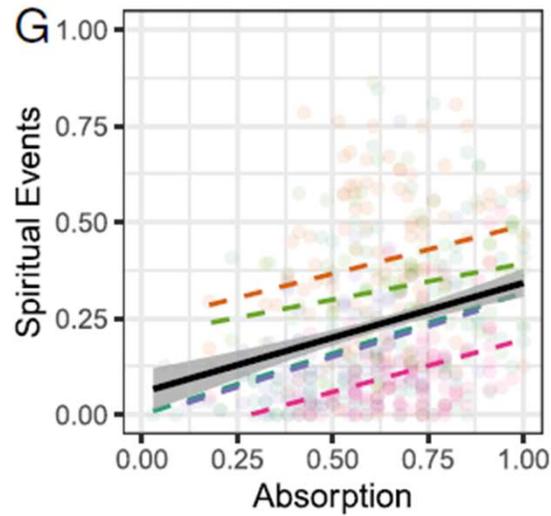
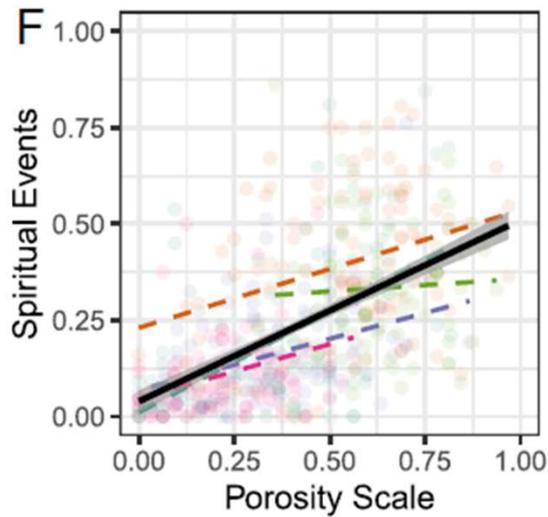
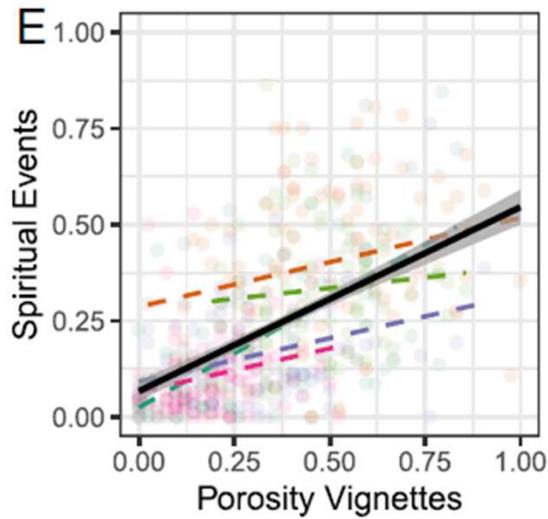
CRAZYWISE

Cognitieve verwachtingen

Oefenen

Experiential pathway

Learning to
discern the
voices of gods,
spirits, tulpas
and the dead



Country ● US ● Ghana ● Thailand ● China ● Vanuatu

Culturele aanleg voor spirituele 'events'

Porosity

Mind as permeable to the world

Absorption

Immersive orientation toward inner life



Sangoma KwaZulu Natal





PSYMAP
incidentie studie



Amathwasa

Zoeken hulp

75 % verbale auditieve
hallucinaties

Lijdensdruk

Verminderd functioneren



Amathwasa



Table 4. Diagnoses as measured with the SCAN based on DSM-5 ($n = 48$).

Diagnoses based on DSM-5	<i>n</i>	%
Unspecified schizophrenia spectrum and other psychotic disorder	7	15
Depressive disorder with psychotic features	1	2
Depressive disorder without psychotic features	3	6
Persistent hallucinations without distress and dysfunction	26	54
No hallucinations, no diagnosis	11	23

“I was really confused my ancestors will come to me, my grandmother would come and speak to me and tell me what she wants. ... I started crying out loud and I started singing. ... People were just confused because I was talking to a dead person during the day.”

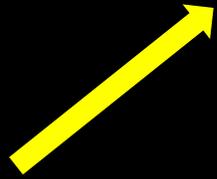
“I’m afraid because the ancestors are a special gift that you will have ancestors and you will work like this. ... Ancestors choose some people that will follow them, not just anyone, they just chose one person and say this one is going to help the community.”

“... If the person keeps getting sick, it is because the ancestors want to talk, they want you to prepare some *imithi* for them or holy water so that they can talk clearly and you can hear what they are trying to say.”

Stemmen horen
Verwarring
Angst
Levendige dromen
Disfunctioneren
Stress



Roeping
voorouders



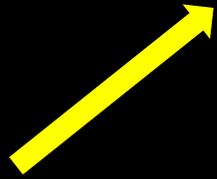
Stemmen horen
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Roeping
voorouders



Ukuthwasa



Stemmen horen
Verwarring
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Roeping
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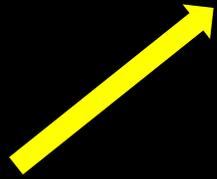
Ukuthwasa



TH



Stemmen horen
Verwarring
Angst
Levendige dromen
Disfunctioneren
Stress



Ukuthwasa

- Wonen bij peer counselors en contact peers
- Integratie in cultureel framework
- Interpretatie stemmen en dromen
- Traditionele medicijnen
- Rituelen en ceremonies
- Training nieuw en gerespecteerd beroep



Roeping
voorouders



Ukuthwasa



TH



Psychose?



Behandeling?



Gezonde
stemmenhoorder?

Stemmen horen
Verwarring
Angst
Levendige dromen
Disfunctioneren
Stress



Psychotische ervaringen

Symptom type	Number of endorsed present and distressing items (n=42)							
	Present				Distressing presence			
CAPE	Baseline Mean (SD)	Follow-up Mean (SD)	t	p-value	Baseline Mean (SD)	Follow-up Mean (SD)	t	p-value
Positive dimension (20 items)	5.7 (4.2)	4.7 (4.0)	1.485	0.145	3.1 (2.7)	1.4 (2.0)	3.978	<0.001
Negative dimension (14 items)	2.3 (2.2)	1.8 (2.2)	1.185	0.243	1.8 (2.0)	0.8 (1.3)	3.043	0.004
Depressive dimension (8 items)	1.3 (1.7)	1.2 (1.7)	0.307	0.760	1.1 (1.7)	0.9 (1.4)	0.973	0.336
Total (42 items)	9.4 (6.8)	7.8 (6.9)	1.426	0.162	6.0 (5.6)	3.0 (3.7)	3.486	0.001

SCAN diagnostische classificaties

SCAN-diagnoses based on DSM-5	Baseline n (%)	Follow-up n (%)
Schizophrenia spectrum and other psychotic disorder	7 (17)	4 (10)
Depressive disorder	4 (10)	1 (2)
Persistent hallucinations without diagnosis	22 (52)	22 (52)
No symptoms, no diagnosis	9 (21)	15 (36)
Total	42 (100)	42 (100)

Persoonlijke ervaringen

Roeping en ukuthwasa

Selected questions from qualitative interview (n=42)		%
Wellbeing compared to 3 years ago?	Better	98
	Same	2
Influence of calling-symptoms on daily functioning (n=41)	Neutral	14
	Negative	83
Influence of ukuthwasa on calling-symptoms	Positive	98
	Neutral	2
Ukuthwasa: training, treatment or both?	Training	19
	Treatment	5
	Both	76

Transcultural
psychiatry meets
global mental
health meets
social sciences
meets humanities
meets people



Heterogene epistemische ruimte

Minder focus op ziekte

Menselijke ervaringen in context

Integratie verschillende bronnen kennis