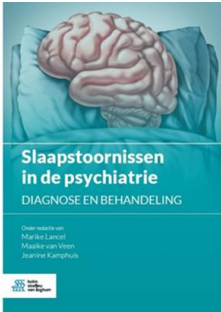


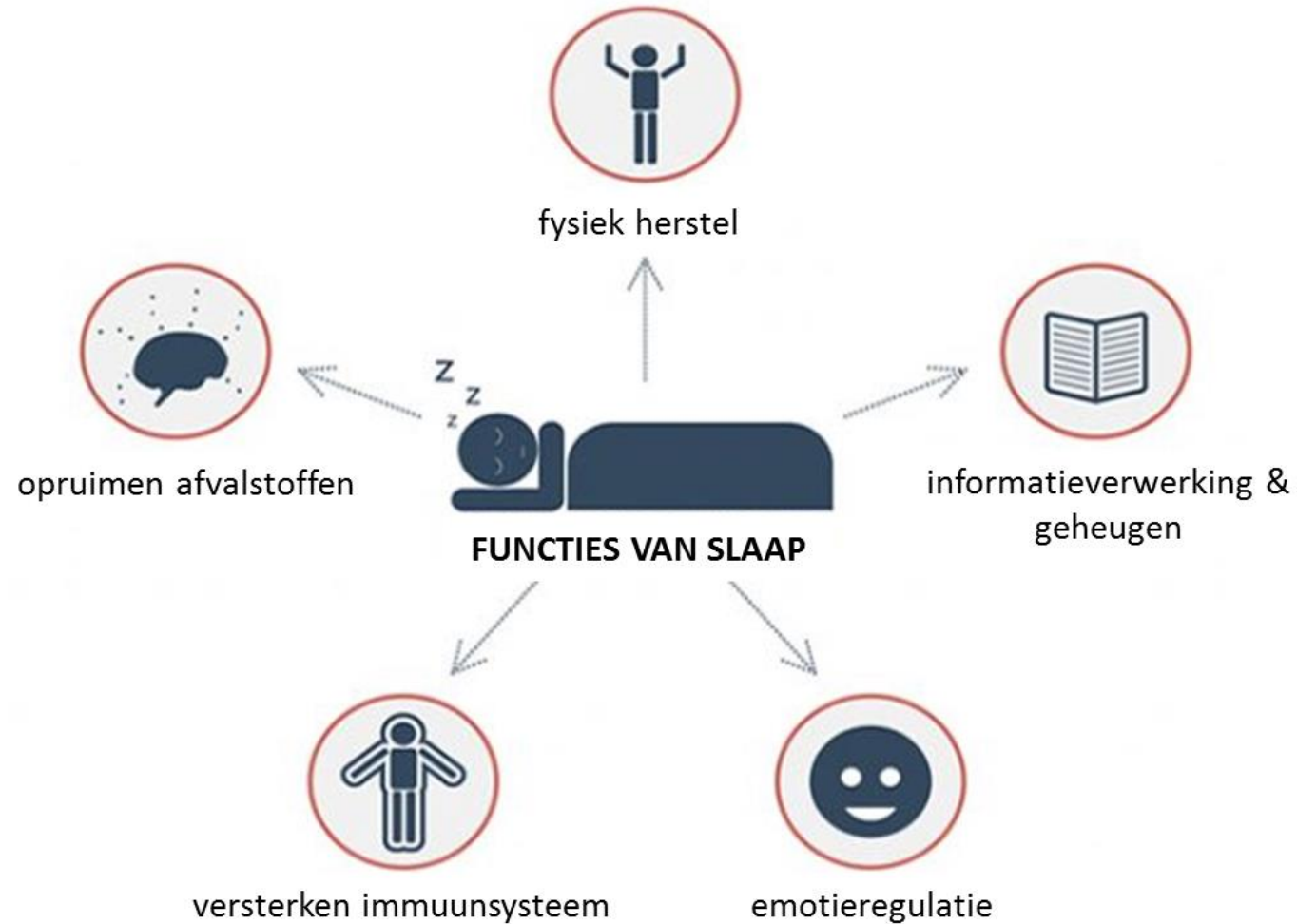
Zicht op slaapproblemen bij therapieresistentie: optioneel of vereist?

Maaïke van Veen

RGOc NSA symposium 8 september 2022

Disclosure belangen spreker	
Geen (potentiële) belangenverstrengeling	
Voor bijeenkomst mogelijk relevante relaties ¹	Bedrijfsnamen
• Sponsoring of onderzoeksgeld² • Honorarium of andere (financiële) vergoeding³ • Aandeelhouder⁴ • Andere relatie, namelijk ...⁵ 	• Zorgondersteuningsfonds: subsidie interventie studie  • Royalty's: Uitgeverij BSL Lancel M, van Veen M, Kamphuis J. Slaapstoornissen in de psychiatrie: Diagnose en behandeling.

Het belang van slaap



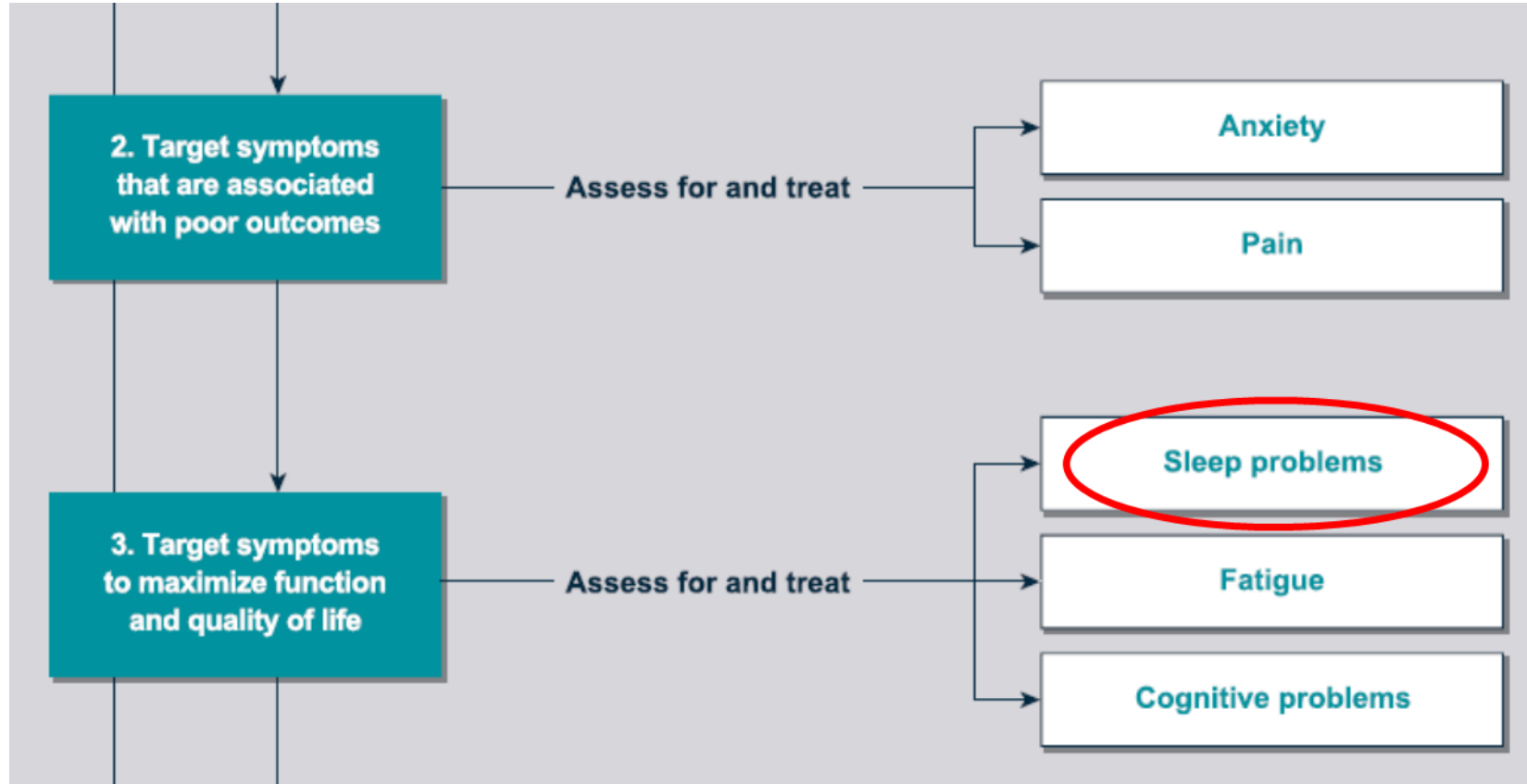
“Sleep and wake problems are the **major cause** of treatment resistance and dissatisfaction with treatment in psychiatric patients”

Treatment Resistance in Psychiatry

Risk Factors, Biology, and
Management

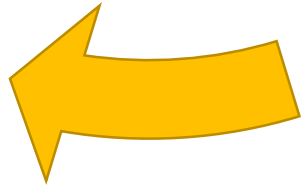
Yong-Ku Kim
Editor

The identification, assessment and management of difficult-to-treat depression: An international consensus statement



SLAAP





SLAAP APNEU



snurken



cognitieve
problemen



overmatige
slaperigheid



vermoeidheid



obesitas



longaandoeningen



diabetes



slaapproblemen



hypertensie



hartaandoeningen

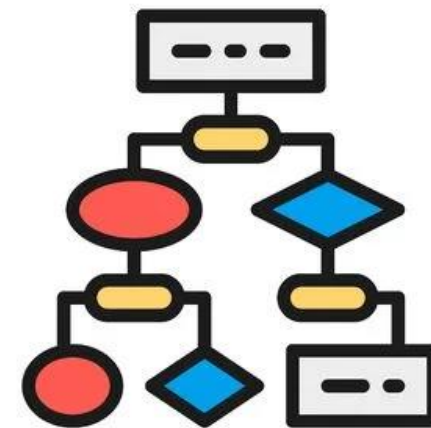
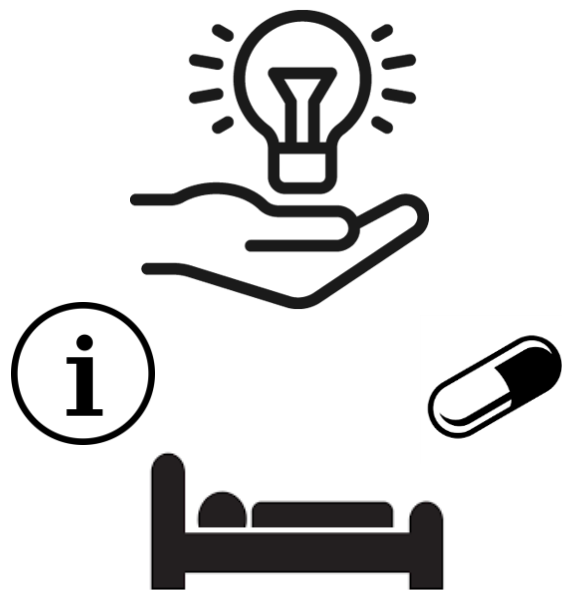


diagnostiek



behandeling PAP





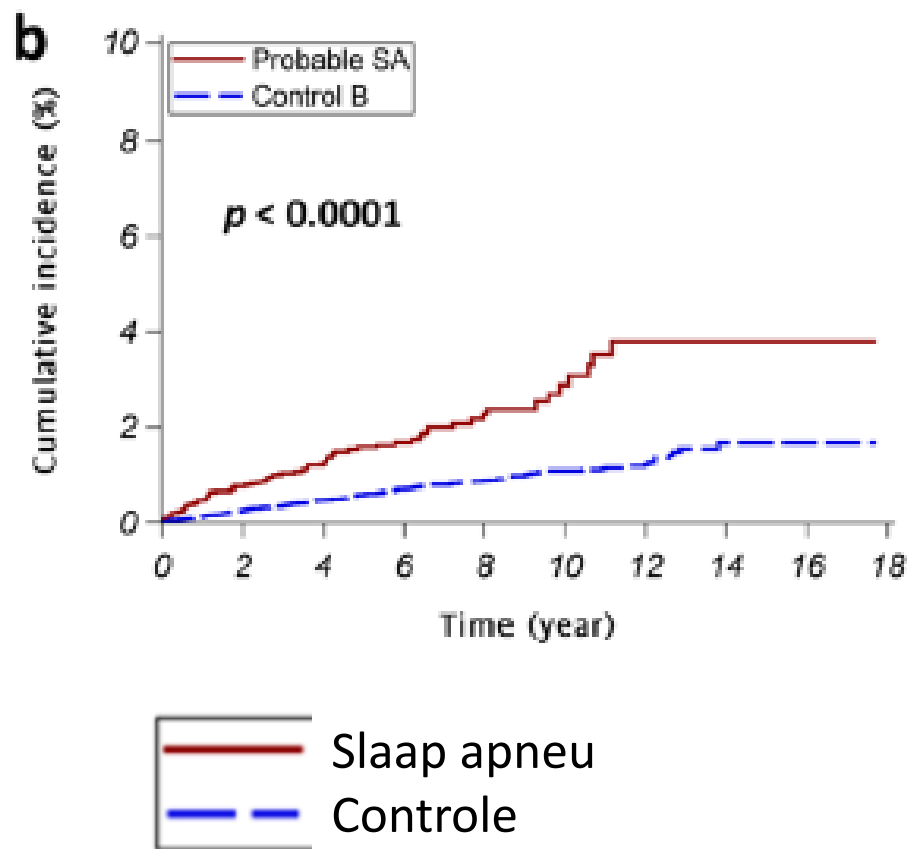
DM-TRD



Zicht op slaapproblemen bij
therapieresistentie:
vereist!

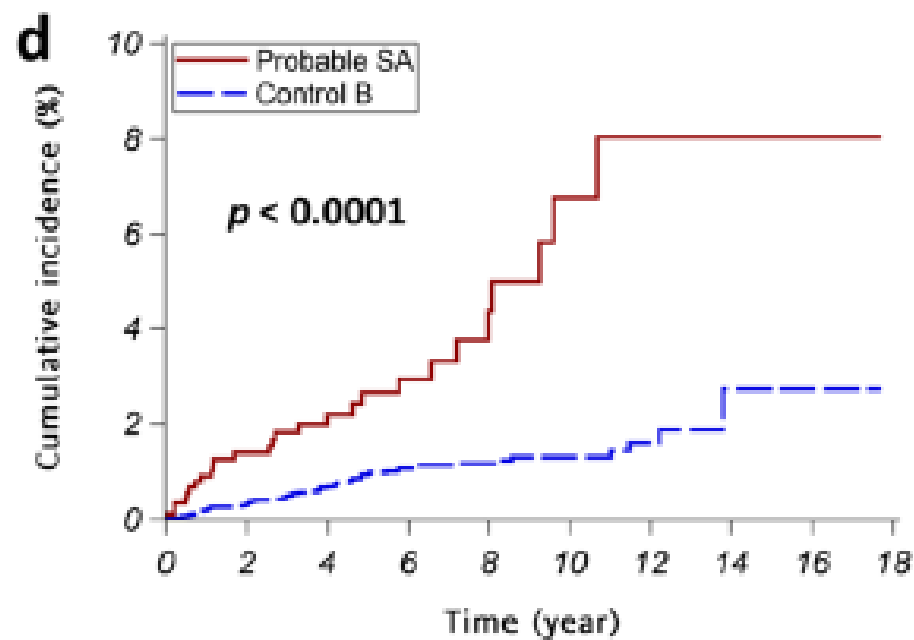
Dank voor uw aandacht

MDD

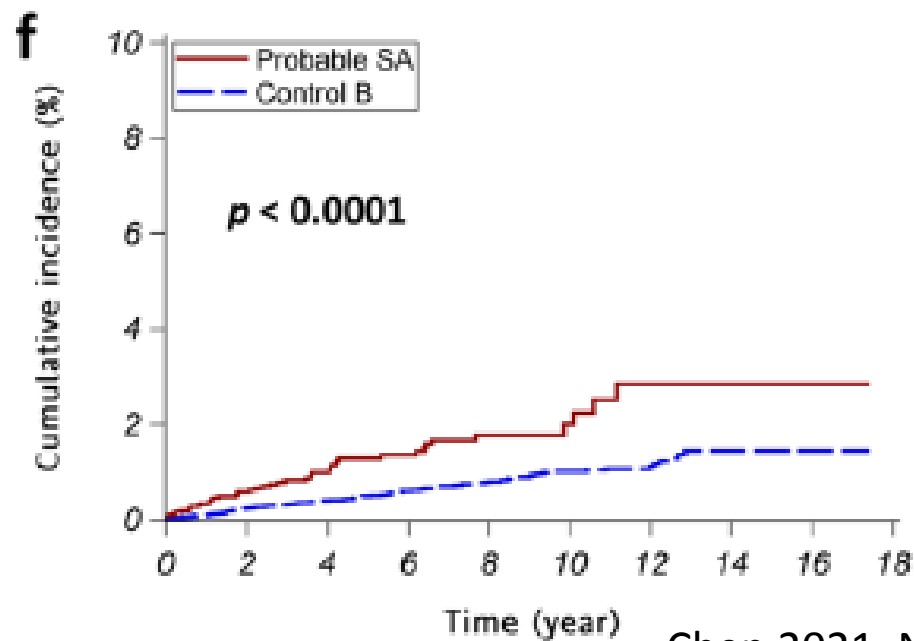


females

MDD



MDD



males

Slaap als comorbiditeit toevoegen aan DM-TRD ?

Table 4

Association of scores on DM-TRD items and BDI scores at 16 week follow-up.

<i>Clinical variables</i>	Standardized β	T
Duration	0.2517	2.54*
Symptom severity	0.08	1.19
Functional impairment	0.13	2.05*
Comorbid anxiety	0.06	0.95
Comorbid personality disorder	−0.02	−0.37
Psychosocial stressors	0.12	1.95^
<i>Treatment failures (current episode)</i>		
Antidepressants	0.11	1.40
Augmentation/combination	−0.01	−0.13
Electroconvulsive therapy	0.01	0.13
Psychotherapy	0.01	0.12
Intensified treatment	0.12	1.87^

* $p < 0.05$.

^ $p < 0.07$.

Peeters 2016