

Naar kracht in plaats van klacht!

Richtlijn in de toekomst

Afsluiting Stynke Castelein




Een levende richtlijn die 'leeft'!

- Een levende richtlijn = up-to-date
- Richtlijn 2005/2012: 7 jaar, volgende in 2019?
- Internationaal zelfde beeld




Nieuwe evidentie na 2012

Enkele voorbeelden



- Vroegdetectie (Addington 2011; McGorry 2012; Morrison 2012; Van der Gaag 2012)
- Psycho-educatie (Xia e.a. 2011)
- Psychomotorische therapie (Scheewe e.a. 2012)
- Beeldende therapie (Crawford e.a. 2012)

What's new?



Hoe?

- Elektronische richtlijn (zoeken op termen): E-reader variant/App
- Up to date houden: commissie die zich eraan verbindt (idem Cochrane)
- Compacter aanbieden informatie: samenvattingenkaart

Richtlijn schizofrenie in de toekomst

Indeling Patrick McGorry

Specific staging models

The most influential staging model is that proposed by McGorry and colleagues.¹ This was developed primarily for psychotic disorders, but also includes "severe mood disorders". The stages in this model are:

Clinical Stage	Definition
0	Increased risk of psychotic or severe mood disorder, no symptoms currently.
1a	Mild or non-specific symptoms including neurocognitive deficits of psychotic or severe mood disorder, mild functional change or decline.
1b	Ultra high risk: moderate but subthreshold symptoms, with moderate neurocognitive changes and functional decline to caseness (Global Assessment of Functioning (GAF) < 70).
2	First episode of psychotic or severe mood disorder, full threshold disorder with moderate-severe symptoms, neurocognitive deficits and functional decline (GAF 30-50).
3a	Incomplete remission from first episode of care. Could be linked or fast-tracked to Stage 4.
3b	Recurrence or relapse of psychotic or mood disorder which stabilizes with treatment at a level of GAF, residual symptoms, or neurocognition below the best level achieved following remission from first episode.
3c	Multiple relapses, provided worsening in clinical extent and impact of illness is objectively present.
4	Severe, persistent or unremitting illness as judged on symptoms, neurocognition and disability criteria.





Bron: McGorry PD et al. Aust N Z J Psychiatry. 2006; 40(8): 616-22



Tot slot

- * Richtlijn: 20 euro
- * www.ggzrichtlijnen.nl (gratis)

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ALS DEELNEMER IN
ZWARTSLUIS!**

