

## New Developments in the Pharmacological Therapy of Schizophrenia

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## Drug Development

1. Drug development is for a well-accepted and demarcated indication that will become part of the product label (rather than for a symptom – family of symptoms);
2. Symptoms may overlap between disease categories. It is acceptable to develop multiple indications but it is generally not acceptable to develop symptom-specific therapies.

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This presentation may contain off-label information or data on investigational compounds. Please always refer to the full product information before prescribing any medicine.

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Section 1

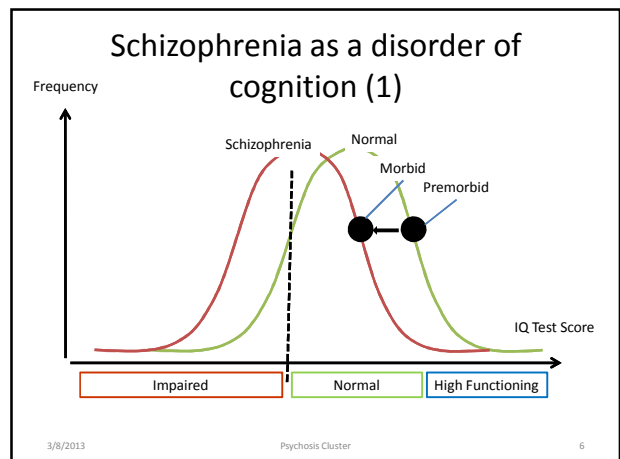
## WHY CATEGORIES RATHER THAN DIMENSIONS?

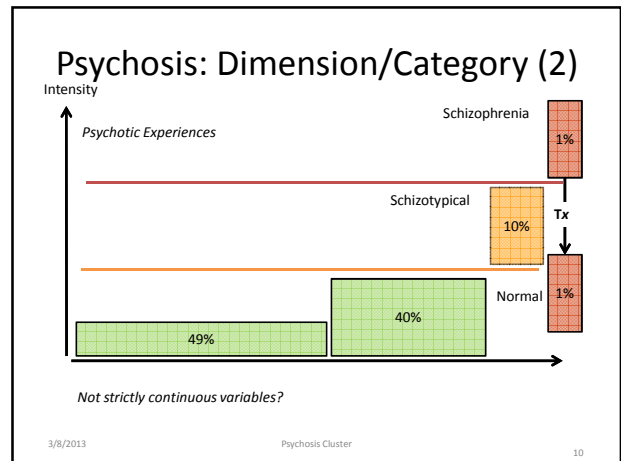
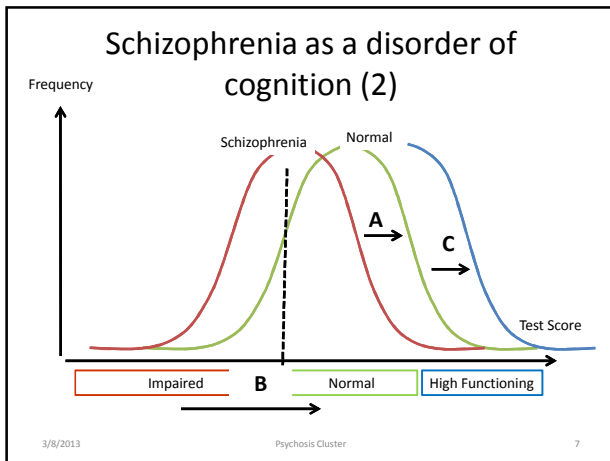
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## Terminology

- **Category:** An ICD-10/DSM-IV diagnosis (e.g., schizophrenia, schizoaffective disorder, schizotypal personality disorder);
- **Dimension:** A symptom or symptom cluster that occurs throughout the population and that, if of sufficient intensity, may lead to a categorical diagnosis (e.g., aberrant sensory experiences);
- **Symptom:** A characteristic sign (e.g., a delusion, avolition);
- **Target:** A biological process affected by a drug.

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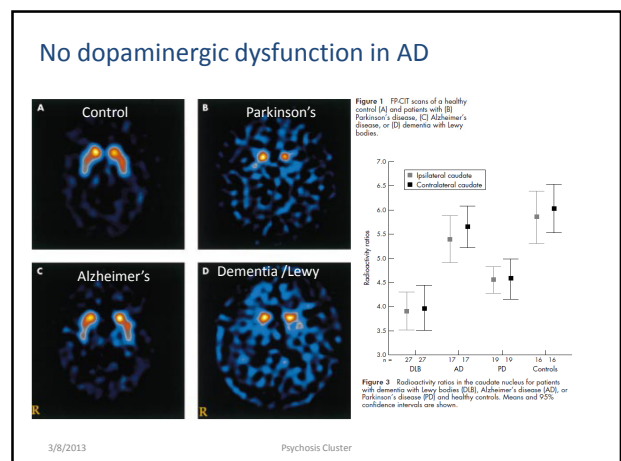
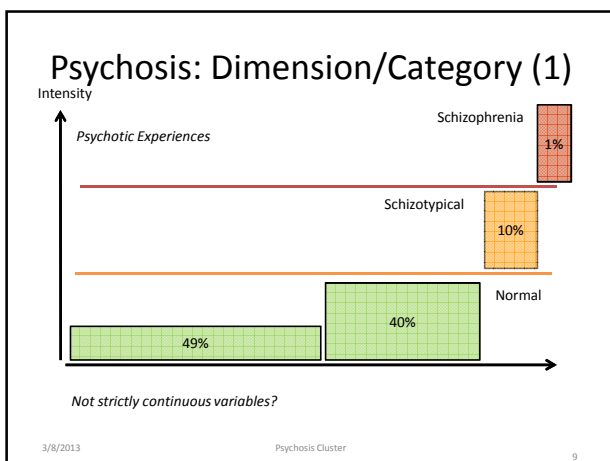
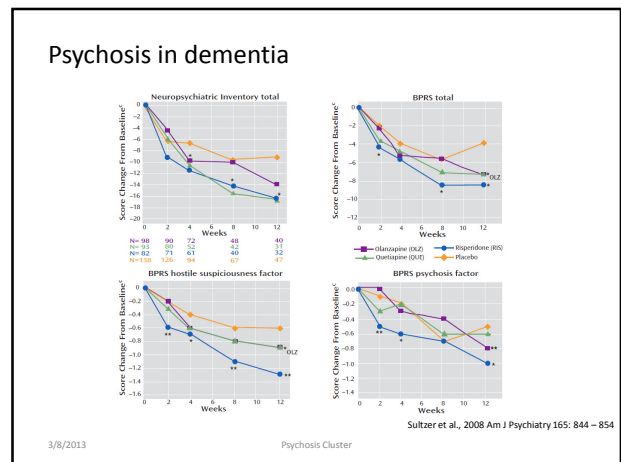


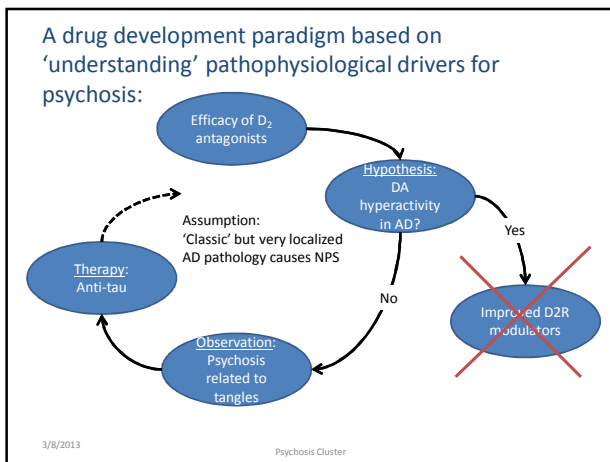
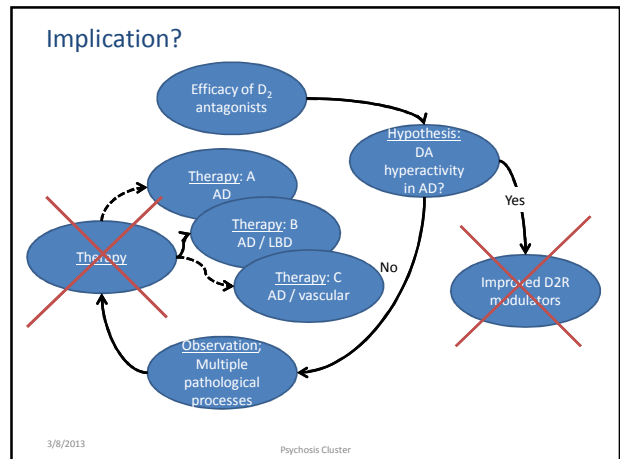
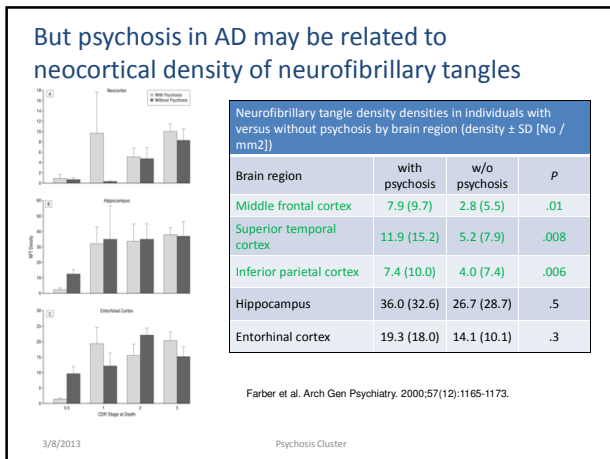


### Schizophrenia as a disorder of cognition - issues

1. Cognition is a non-specific term; impaired cognitive performance may have diverse causes (= pseudo continuous);
2. Although schizophrenia may be within the family of 'cognitive disorders' this does not help with identifying it as a diagnostic entity;
3. Issues may exist in identifying the right target population to treat.

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### Risperidone in neuropsychiatric symptom clusters in dementia

Efficacy Variables	BPSD population				PAD pop.
	RIS-USA-63		RIS-INT-24	RIS-AUS-5	RIS-USA-232
	1 mg	2 mg	Ris	Hal	
<b>Behave-AD</b>					
Psychotic Agitation <sup>(1)</sup>	***	***	-	**	***
Psychosis <sup>(2)</sup>	**	*	-	+	**
Agitation <sup>(3)</sup>	***	***	*	***	***
<b>CMAI</b>					
Total Aggression	***	***	**	+	***
Total Non-Aggression	*	**	-	-	**
Total	***	***	+	-	***

BEHAVE-AD: Behavioral Pathology in Alzheimer's Disease  
CMAI: Cohen Mansfield Agitation Inventory

+: 0.05 < p < 0.1, after adjusting for multiplicity, as appropriate  
\*: p < 0.05  
\*\*\*: p < 0.001  
-: Not significant at 5% level

<sup>(1)</sup> Subscales A+B+C+D  
<sup>(2)</sup> Subscales A+B  
<sup>(3)</sup> Subscales C+D

### A clinical phenotype of dementia may result from multiple co-existing pathological processes

#### Neuropsychopharmacology

#	Age at death	pwt (h)	Brain weight (g)	Neuropathologic findings 1	Neuropathologic findings 2	Neuropathologic findings 3	DLB score	Braak score
110380	87	6.5	1115	Alzheimer's disease	Infarct, old, cavitated	Meningioma, 1.8 cm fall	None present	3
110247	81	7	1120	Alzheimer's disease	Infarct, microscopic	None	None present	4
114181	97	9	880	Alzheimer's disease	Infarct, microscopic, left, severe	None	None present	5
110454	97	4	1080	Alzheimer's disease	Infarct, microscopic, frontal lobe	None	0	3
45751	86	4	1260	Probable Alzheimer's disease	Dementia with Lewy bodies	Meningioma 1.2 cm	3	2
110311	78	19	1240	Alzheimer's disease	Dementia with Lewy bodies	None	10	3
110433	85	17	1150	Dementia with Lewy bodies	Minimal neuritic plaques only in hippocampus	None	7	2
114296	83	8	1230	Rare diffuse amyloid plaques in middle frontal gyrus only	Perivascular lymphocytic infiltrate, focal, putamen	None	None present	2
110309	74	7	1250	Normal brain	None	None	None present	1
45685	82	4	1050	Infarct, acute, focal, frontal lobe, left	Sparse diffuse amyloid plaques	Incidental Lewy bodies	2	2
Mean (SD)	83.0 (7.4)	8.6 (5.3)	1138.5 (117.0)				4.4 (4.0)	2.7 (1.2)

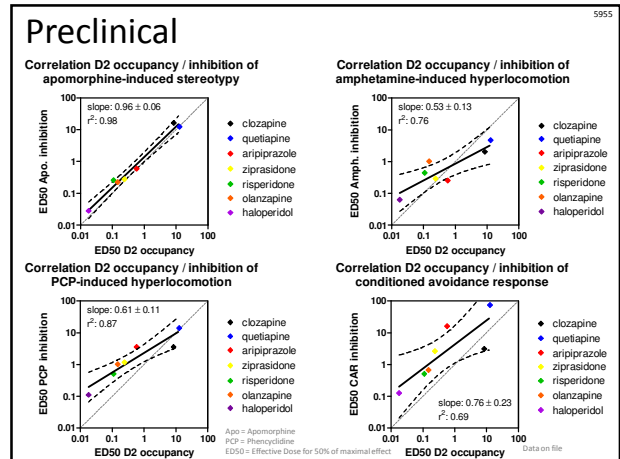
Sweet et al 2004 Neuropsychopharmacology 29 2242 - 2250

- ### Psychosis: Dimension or Category - conclusions
1. Psychosis as a phenomenon is common in the general population;
  2. However, the underlying causes of psychotic experiences are diverse (see example dementia);
  3. Hence, the efficacy of a drug against a symptom / symptom cluster in a specific diagnostic category cannot be extrapolated to another diagnostic category without proof.

Section 3

## REVIEW OF PROJECTS

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### Psychiatry, The Pharmaceutical Industry, and The Road to Better Therapeutics

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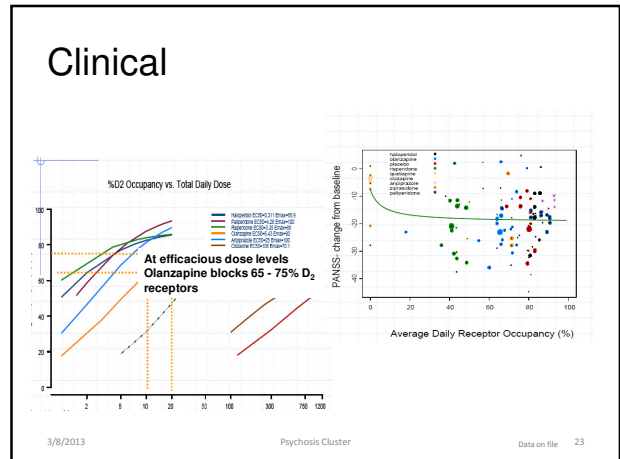
\*To whom correspondence should be addressed; tel: 250-764-4677, fax: 250-764-4933, e-mail: hcfibiger1@mac.com

Psychopharmacology is in crisis. The data are in, and it is clear that a massive experiment has failed: despite decades of research and billions of dollars invested, not a single mechanistically novel drug has reached the psychiatric market in more than 30 years. Indeed, despite enormous effort, the field has not been able to escape the "me too" (questionably better) straightjacket. In recent years, the appreciation of this reality has had profound consequences for innovation in psychopharmacology because nearly every major pharmaceutical company has either reduced greatly or abandoned research and development of mechanistically novel psychiatric drugs.

The discovery of all three major classes of psychiatric drugs, antidepressants, antipsychotics, and anxiolytics, came about on the basis of serendipitous clinical observation. At the time of their discoveries, the mechanisms by which these molecules produce their effects were unknown, and it was only later that antipsychotics were shown to be D2 receptor antagonists.

For example, what genetic or preclinical data exist that point to the D2 dopamine receptor as a likely target for antipsychotic activity? Presently there are no genetic data that suggest that this receptor is expressed or functions abnormally in psychotic disorders. And without the benefit of the prior clinical validation, it is difficult to see how preclinical data alone would point to the D2 receptor as an interesting potential target for the treatment of psychotic disorders.

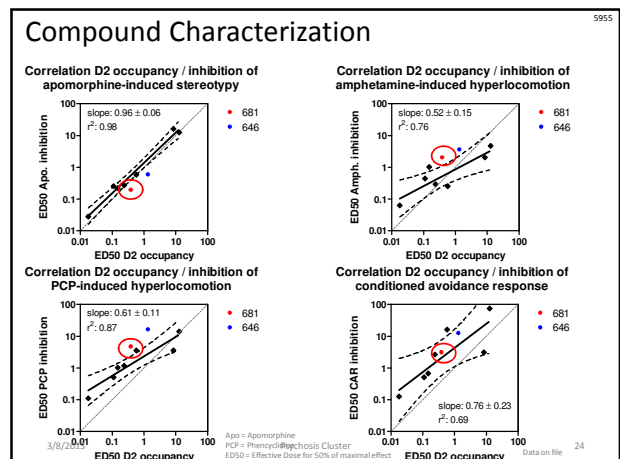
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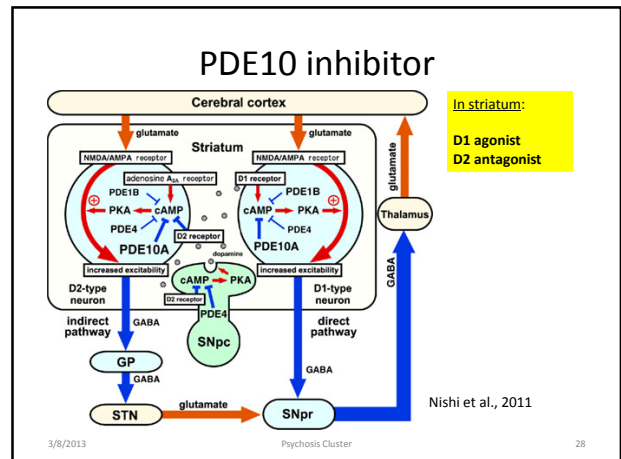
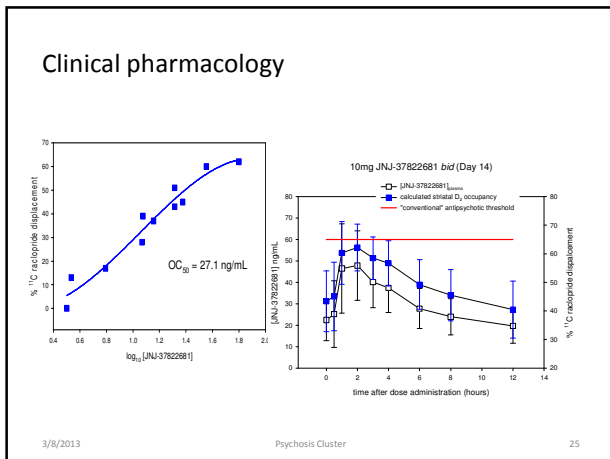


### DA-related – some beliefs.

1. All currently used antipsychotic medications are dopamine D<sub>2</sub> antagonists / weak partial agonists;
2. Dopamine systems are well characterized and > 50 years of model development is available to support drug development;
3. Hence, demonstration of efficacy of a novel drug in a model of dopamine hyperactivity has strong predictive validity for clinical efficacy.

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Number of subjects included in each treatment group, completers and striatal receptor occupancy throughout the dosing interval as measured with <sup>11</sup>C raclopride PET.

Treatment (n)	Completers (%)	Minimum D <sub>2</sub> occupancy (%)	Maximum D <sub>2</sub> occupancy (%)
Placebo (24)	100	-	-
10mg JNJ-37822681 (16)	100	43.1 ± 11.2	64.1 ± 11.8
20mg JNJ-37822681 (16)	62.5	67.9 ± 6.4	80.7 ± 4.7
30mg JNJ-37822681 (8)	62.5	71.2 ± 3.0	86.7 ± 2.42

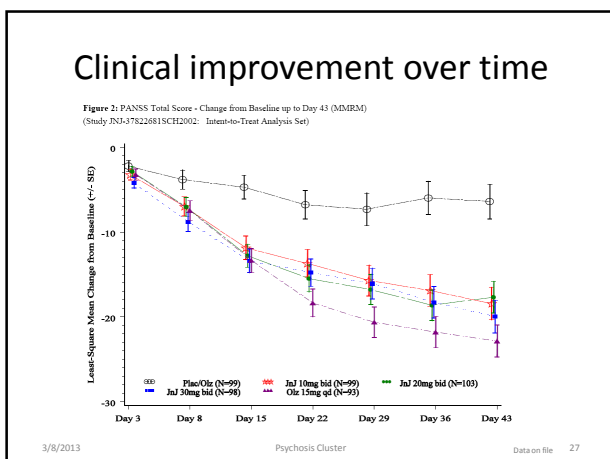
The 20 mg *bid* dose was predicted to provide optimal D<sub>2</sub> occupancy in time for an antipsychotic effect while the 10 and 30 mg *bid* doses are too low and high, respectively.

3/8/2013 Psychosis Cluster Data on file 26

### In vivo, PDE10 inhibitors have a (somewhat) different behavioral profile compared to a D<sub>2</sub> antagonist

Test (acute)	PDE10 inhibitor	D <sub>2</sub> antagonist
Target occupancy (rat striatum)	ED <sub>50</sub> 1.4 mg/kg <i>po</i> (ex vivo) (662 ng/mL plasma)	ED <sub>50</sub> 0.39 mg/kg <i>sc</i> (in vivo) and 6.26 mg/kg <i>sc</i> (ex vivo)
↓ 1mg/kg APO-stereotypy (rat)	ED <sub>50</sub> 1.3 mg/kg <i>po</i>	ED <sub>50</sub> 0.194 mg/kg <i>po</i>
↓ 5mg/kg AMPH-stereotypy (rat)	ED <sub>50</sub> 0.67 mg/kg <i>sc</i>	ED <sub>50</sub> 0.294 mg/kg <i>sc</i>
↓ 1.25 mg/kg AMPH-hyperlocomotion (rat)	ED <sub>50</sub> 8.2 mg/kg <i>sc</i>	ED <sub>50</sub> 1.02 mg/kg <i>sc</i>
↓ 1.25 mg/kg PCP-hyperlocomotion (rat)	ED <sub>50</sub> 2.04 mg/kg <i>sc</i>	ED <sub>50</sub> 4.7 mg/kg <i>sc</i>
DA cell firing SN	No effect on # neurons/tract ↑ spike frequency	Haloperidol: ↓ # neurons/tract
Ro-4-1284-induced hypolocomotion	Reversal: ED <sub>50</sub> = 2.69 mg/kg <i>sc</i> [stimulant activity @ 3.1]	No reversal
Haloperidol-induced catalepsy	Reversal: ED <sub>50</sub> = 8.2 mg/kg <i>sc</i>	Not done

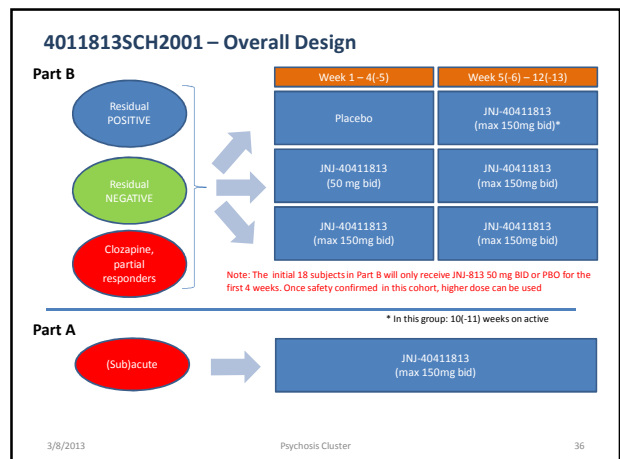
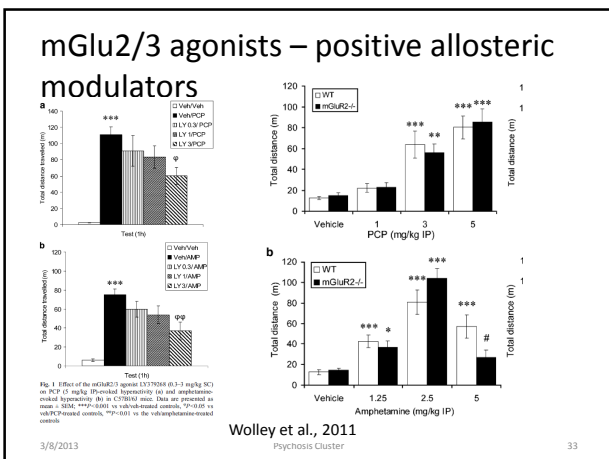
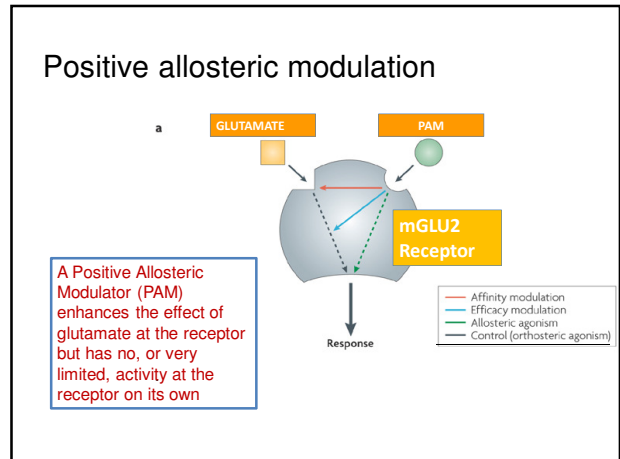
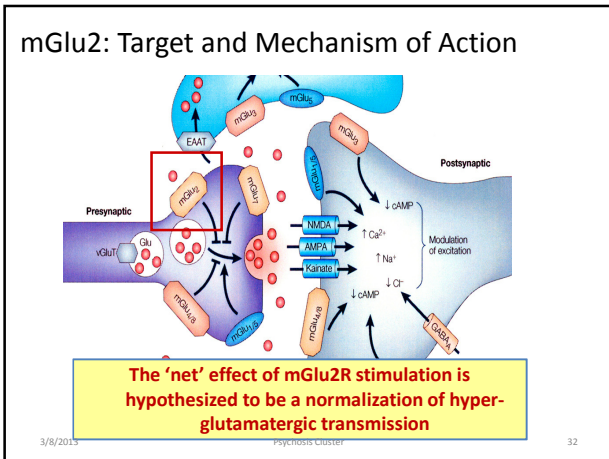
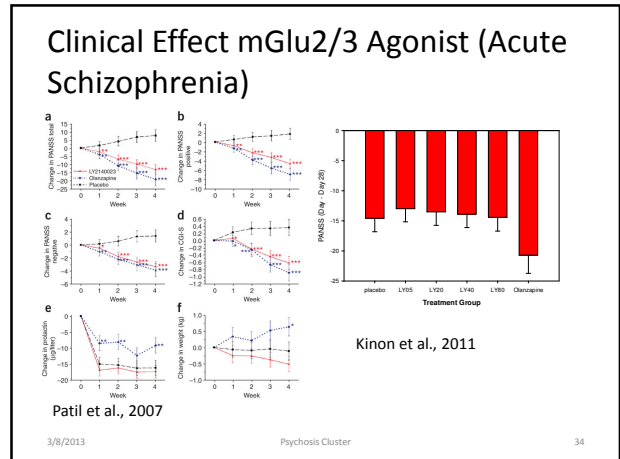
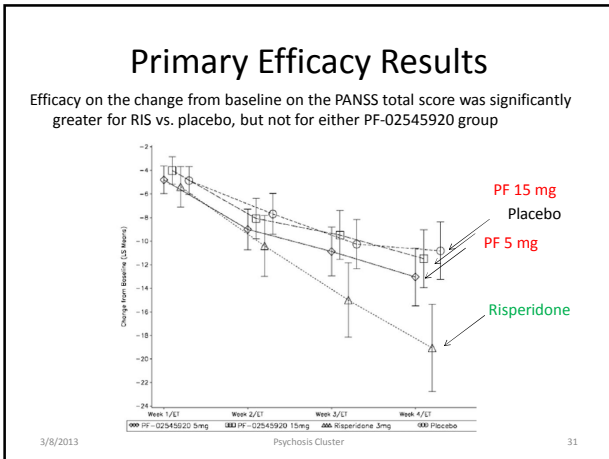
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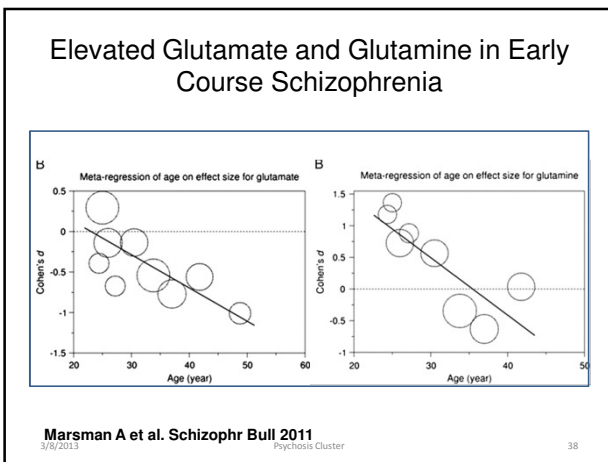
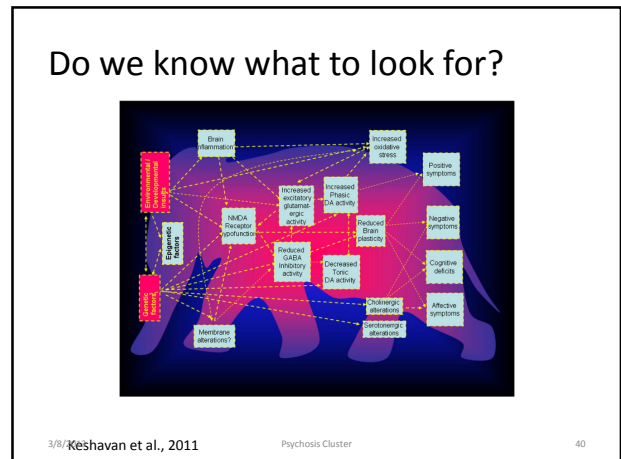
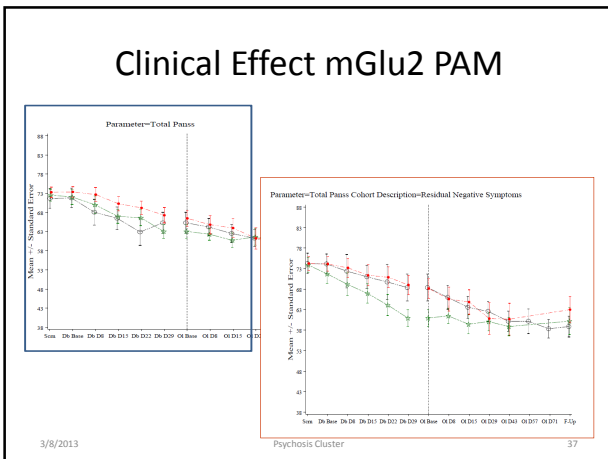


### Similarly, in sub-chronic drug safety studies different behavioral profiles are observed

Species	Dose	PDE10 inhibitor	D <sub>2</sub> antagonist
Rat - 4wk GLP	L	---	
	M	NOAEL	↓ general activity, narrowing palpebral fissure (sedation)
	H	No behavioral toxicities	See above but more intense
Dog - 2wk Non GLP		↓ general activity, ataxia, tremors, catalepsy, yelping, biting	Not done
Monkey - 5wk GLP	L (< IC50)	NOAEL	Sleepiness
	M (IC50-2x IC50)	↓ activity, hunched appearance, lethargy, staring, aggression, self-biting, abnormal posture, tremors	Excessive sleepiness, decrease in movement, trance-like state, staring, tremors
	H (10x IC50)	See above + self-mutilation (1M)	See above but more intense

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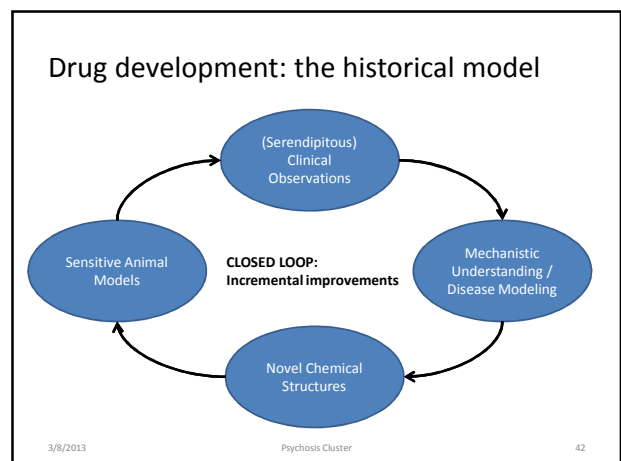




Section 3  
**SOME COMMENTS ABOUT DRUG DEVELOPMENT**

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- ### Conclusions
1. Despite contrary perceptions, there still is significant investment in drug development for schizophrenia;
  2. Although clinical efficacy can be reasonably well predicted for a dopamine D2 antagonist, recent experience with e.g. PDE10i and mGlu2R stimulation suggests that models do not easily translate to novel MoAs;
  3. Rather than a primary focus on 'predictive models', anomalies need explanation;
  4. **New drug development for schizophrenia ultimately relies on experiments in patients.**
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### Selected Challenges for Novel Drug Development.

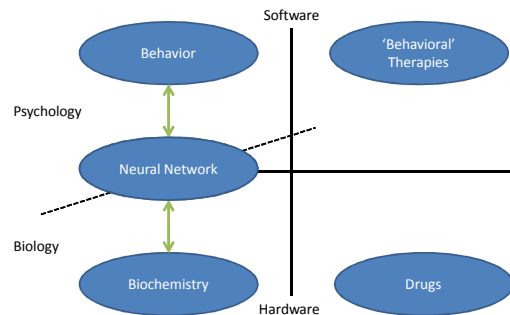
1. Understanding of symptoms, biological processes and effects of interventions are interactional;
2. Reciprocal interactions exist between biochemistry and behavior; different psychological processes may have the same biological substrates;
3. Biological understanding is imperfect hence resulting in biased target selection and evaluation;
4. Animal models generally allow for the study of exaggerated normal behavior (i.e. are dimensional).

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### Brain networks supporting different functions use identical biochemistry (2).

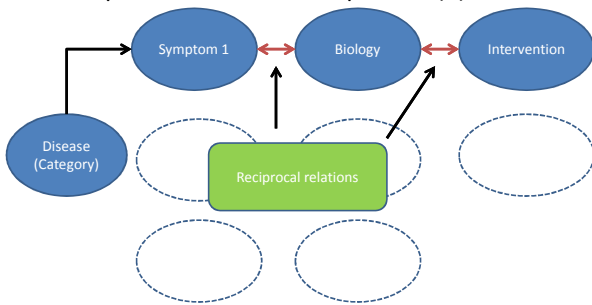


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### The acquisition of knowledge to support drug development is a non-linear process (1).

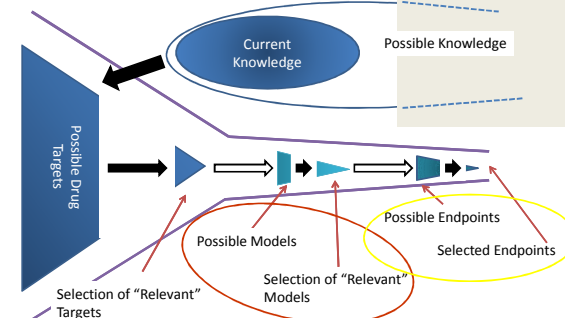


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### Biological Understanding (3)

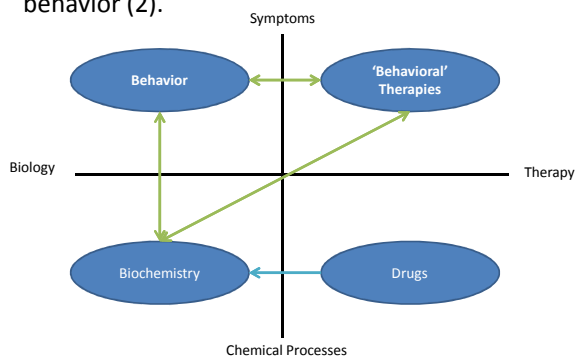


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### Reciprocal relations between biochemistry and behavior (2).

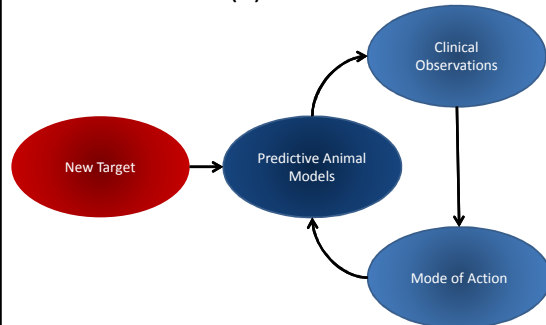


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### Animal Models (4)



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### What to Do with Animal Models?

2 Philosophies:

1. Drug effects in animal models provide relevant information guiding the direction of the clinical indication selection (i.e. animal models have predictive validity for human disease / are translational => "predictive animal models");
2. Drug effects in animal models provide information about the relationship between plasma concentration and effect (PK/PD relationship) but only in a very broad sense guide indication selection (i.e. animal models have no or limited predictive validity for human disease => "supportive animal models").

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Section 4

### DECONSTRUCTING SCHIZOPHRENIA

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### "Predictive" Animal Models

1. Recapitulates (part of) human pathological condition in a biologically plausible manner;
2. Is sensitive to currently available therapy whilst also allowing to investigate the effect of an NME as add-on/adjunct therapy;
3. (Drug) target expression comparable to humans.
  - Rarely used in drug development (labor-intensive, marginally validated, difficult to reproduce)

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### Deconstructing Schizophrenia

DSM IV TR:

- A. Characteristic symptoms: (1) delusions, (2) hallucinations, (3) disorganized speech, (4) grossly disorganized or catatonic behavior, (5) negative symptoms (affective flattening, alogia, avolition);
- B. Social/occupational dysfunction;
- C. Continuous signs of disturbance persist for at least 6 months;
- D. ≠ Schizoaffective- or mood disorder;
- E. ≠ Consequence of substance abuse or medical condition;
- F. [relation to pervasive development disorders].

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### "Supportive" Animal Models

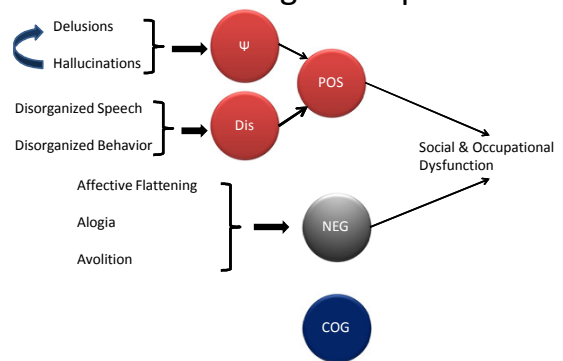
- Express drug target and target engagement yields a measurable effect ("whatever");
- Effects are gradual allowing study of dose- / concentration effect relations;
- Formation of potentially active metabolites compares to (anticipated) human situation;
- Preferably, "tox-compatible" species.
  - Most frequently used in support of clinical dosing.

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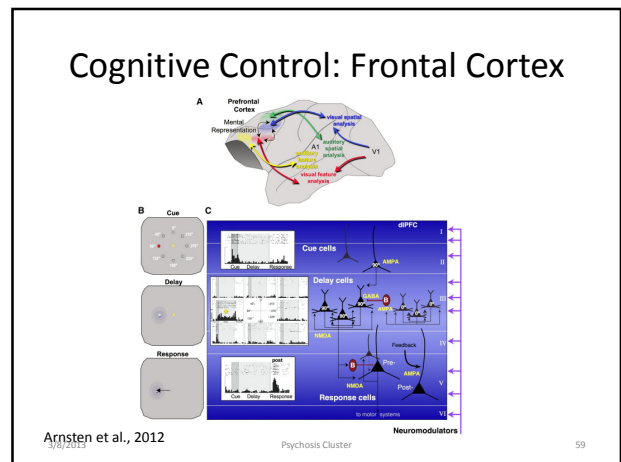
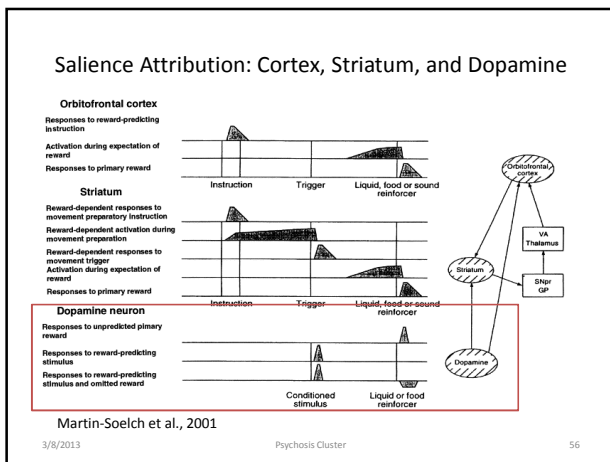
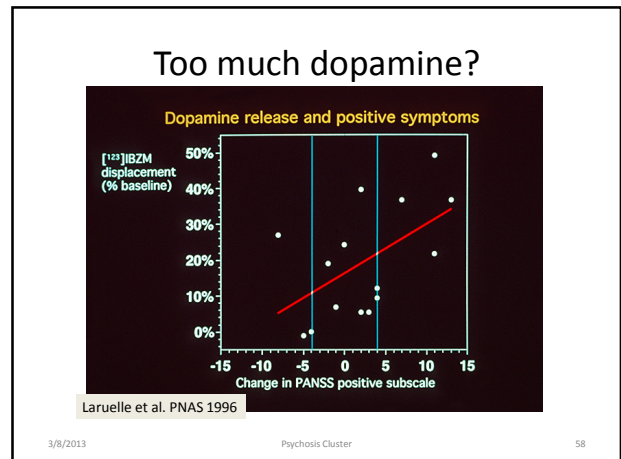
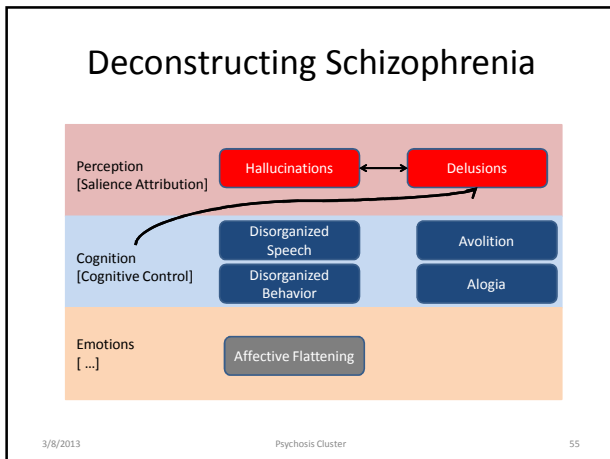
### Deconstructing Schizophrenia



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- ### How to understand D<sub>2</sub> antagonists?
1. Dopamine alerts the brain to unexpected events;
  2. D<sub>2</sub> receptor antagonists reduce the importance (salience) of stimuli;
  3. In agreement, patients report a reduction in the attention to (aberrant stimuli);
  4. Rather than anti-schizophrenic, a D<sub>2</sub> antagonist affects a specific cognitive process that is excessively abnormal in schizophrenia.
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- ### Potential Targets to Improve Frontal Cortex Function
1. Dopamine D<sub>1</sub> agonists (psychostimulants);
  2. Enhancement of NMDA receptor function (GlyT1, mGlu5, ...);
  3. Nicotinic α<sub>7</sub> agonists;
  4. Ampakines;
  5. GABA α<sub>5</sub> negative allosteric modulators; GABA α<sub>2/3</sub> positive allosteric modulators.
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## Emotion

NEW BIOCHEMISTRY

Nature Reviews | Neuroscience

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### Negative/Cognitive Symptoms in Schizophrenia Estimated Launch Timeline

Year	Negative	Cognitive
2013	- Bitopertin (RG1678/RO-4517338) A (Roche; GlyT1 inh.)	- EUP-6124 A (Bayer/EnVivo, α7 agonist)
2014	- CYP-1020/BL1020 M (BLRX/Cypress Bio, DA antag/GABA agonist)	- CYP-102 M (Mitsubishi, 5HT2A/σ2 antag)
2015	- CYP-1020/BL1020 M (BLRX/Cypress Bio, DA antag/GABA agonist)	- AVN-211 A (Avinuro, 5HT6 antagonist)
2016	- TC-5619 A (α7 agonist; Targacept)	- TC-5619 A (α7 agonist; Targacept)
2017	- CYP-102 M (Mitsubishi, 5HT2A/σ2 antag)	- AEW051 A (Novartis, α7 agonist)
2018	- AMG-747 A (Amgen, GlyT1 inhibitor) (2019)	- Tirolozant A (Bf2.649) (Biopject, H3 inverse agonist)
2019	- AMG-747 A (Amgen, GlyT1 inhibitor) (2019)	- NEI-2854* A (Neurocrine Biosciences, VMAT2 inhibitor)
2020+		

Legend: A: Add-on; M: Monotherapy

Source: GB Analysis (Feb 2013), Pipeline, Company Press Releases, and websites, Analyst Reports, B reports  
 P12 = 2 yrs, P13 to P16 = 3.5 yrs, Approval: 12 months. Note: Compounds currently in phase I or preclinical development not included in timeline  
 \*P: View in SLIDESHOW mode for active links to drug records; \*T: New to timeline

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## Beyond the classic schizophrenia clusters

**SYMPTOM TARGETS IN SCHIZOPHRENIA**

Tollefson and Sanger, 1999 (Eli Lilly & Co)

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## The Price to Pay: Polypharmacy

Positive Symptoms	D2-selective Antipsychotic	D2-selective Antipsychotic
Negative Symptoms	D2/5HT2A-acting Antipsychotic	GlyT1 Inhibitor
Disorganization	'Clozapine-like' / mood stabilizer	D2/5HT2A-acting Antipsychotic
Cognitive Symptoms		Nicotine α7 agonist
Mood	Antidepressant	Antidepressant
Anxiety	Benzodiazepines	Benzodiazepines, mGlu2
Somatic	e.g. statins, antihypertensives ...	e.g. statins, antihypertensives ...

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### Schizophrenia Estimated Launch Timeline

Year	Drugs
2013	- Aripiprazole depot M (Otsuka/LUN; D2 partial agonist) (EU)
2014	- Aripiprazole depot M (Otsuka/LUN; D2 partial agonist) (EU)
2015	- PF-354920 M (PFE, PDE10 inhibitor)
2016	- CYP-102 M (Mitsubishi; 5HT2A/σ2 antag)
2017	- BL102 M (Intracellular Therapies; 5HT2A antag/DA phosphoprotein modulator/SSRI)
2018	- BP-5063 M (Reviva Pharma; partial D2/5HT1A agonist, D3/D4 antagonist)
2019	- INJ40411813/ADK711 M/A (Addex/J&J; mGlu2 PAM)
2020+	

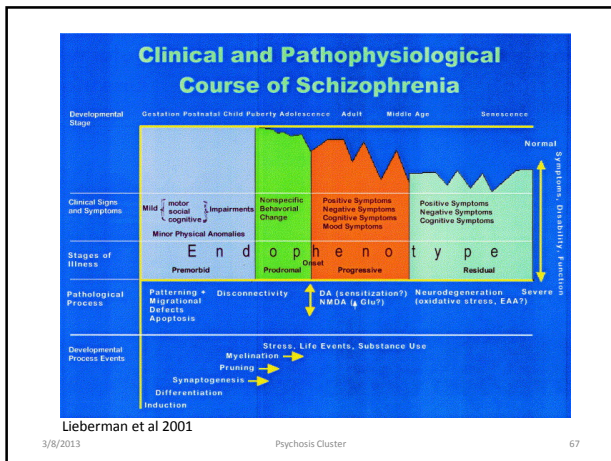
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Source: GB Analysis (Feb 2013), Pipeline, Company Press Releases, and websites, Analyst Reports, Decision Resources/Pharmazines, B reports  
 P12 = 2 yrs, P13 to P16 = 3.5 yrs, Approval: 12 months. Note: Compounds currently in phase I or preclinical development not included in timeline  
 \*P: View in SLIDESHOW mode for active links to drug records; \*T: New to timeline

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## Section 5 A DIFFERENT MODEL?

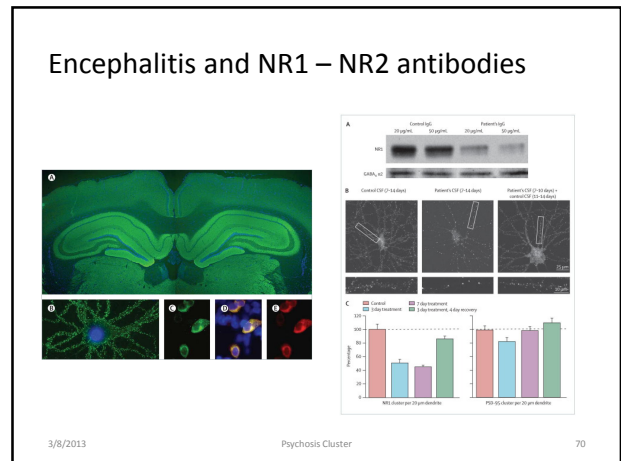
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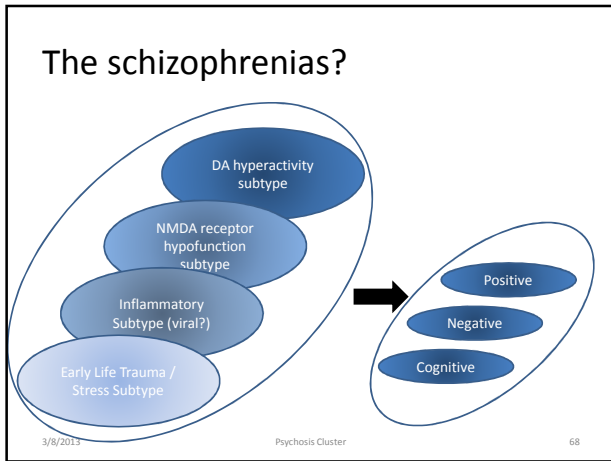
67



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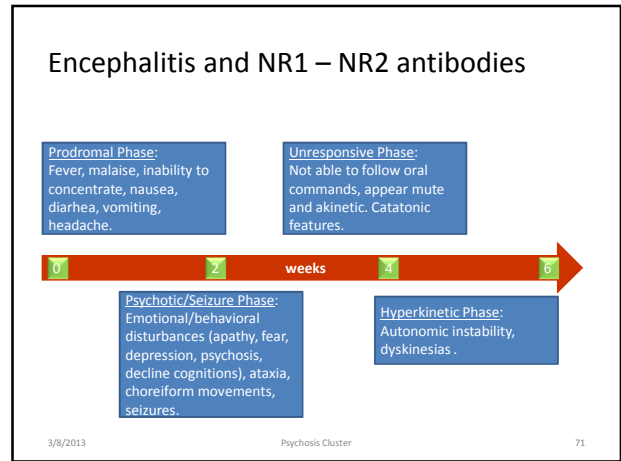
70



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Psychosis Cluster

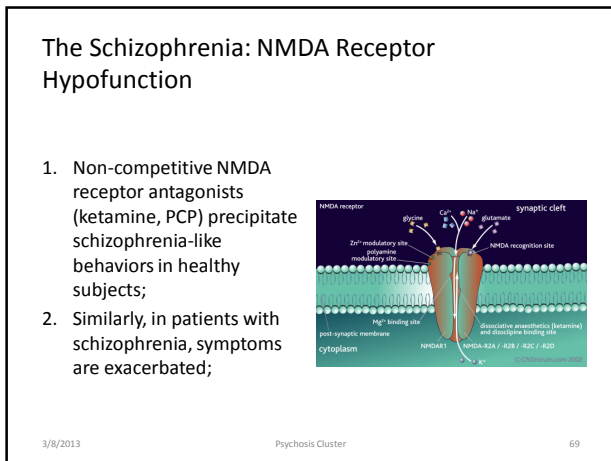
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Psychosis Cluster

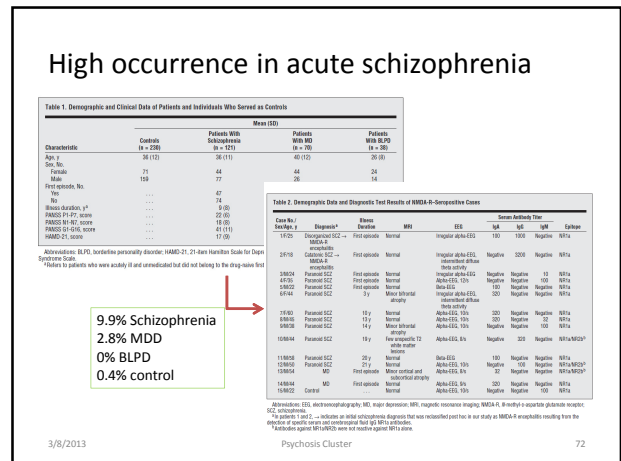
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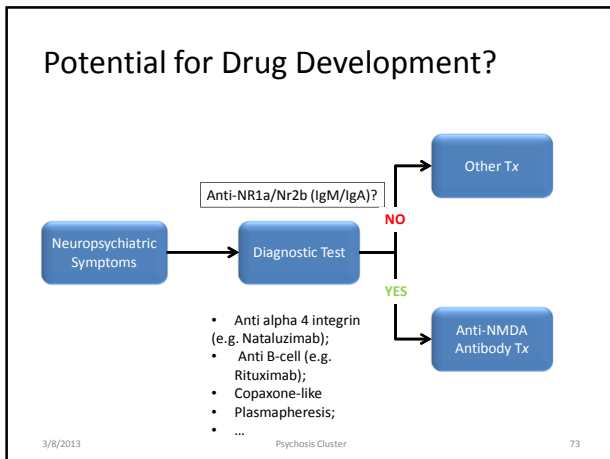
69



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- ### Conclusions
1. Psychiatric symptoms, similar in expression, may have different biological triggers;
  2. Hence, the dominant effect of a single drug may differ across populations;
  3. The reductionist approach to 'dissect' schizophrenia has not (yet) yielded new treatment approaches. Also, it may lead to polypharmacy;
  4. Likely, multiple schizophrenias exist. A better understanding of the diversity of schizophrenia biology may lead to a more individualized treatment approach. However, this promise still needs to materialize.
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