

**Shortened version of the Close Persons Questionnaire –
Partner Version and Closest family member/friend Version**

Derived from:

Stansfeld, S., Marmot, M., 1992. Deriving a survey measure of social support: the reliability and validity of the Close Persons Questionnaire. Soc. Sci. Med. 35(8), 1027-1035.

Shortened Close Persons Questionnaire – Partner Version

a. *How often did he/she make you feel good about yourself?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

b. *How often do you share hobbies or other pleasant things together?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

c. *How often did he/she give you stress or worries?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

d. *How often do you trust him/her with your most private problems?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

e. *How often would you have liked to confide in him/her more?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

f. *How often did you feel bad after talking with him/her?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

g. *How often did he/she share personal problems with you?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

h. *How often did you need his/her practical assistance with important matters?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

i. *How often did you actually receive this practical assistance with important matters from him/her?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

j. How often did you want more practical assistance from him/her?

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

Shortened Close Persons Questionnaire – Closest family member/friend Version

a. *How often did he/she make you feel good about yourself?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

b. *How often do you share hobbies or other pleasant things together?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

c. *How often did he/she give you stress or worries?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

d. *How often do you trust him/her with your most private problems?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

e. *How often would you have liked to confide in him/her more?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

f. *How often did you feel bad after talking with him/her?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

g. *How often did he/she share personal problems with you?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

h. *How often did you need his/her practical assistance with important matters?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

i. *How often did you actually receive this practical assistance with important matters from him/her?*

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

j. How often did you want more practical assistance from him/her?

Response alternatives:

Never (1) – seldom (2) – sometimes (3) - often (4) – very often (5)

Instruction for scoring

- *Emotional support:*

Sum of items a, b, d and g.

A higher score on this subscale means more emotional support.

- *Practical support:*

Sum of items h and i.

A higher score on this subscale means more practical support.

- *Negative experiences:*

Sum of items c and f.

A higher score on this subscale means more negative experiences.

- *Inadequacy of social support:*

Sum of items e and j.

A higher score on this subscale means more inadequacy of social support.